The Natural Home Pharmacy for Dogs

How to Use Practical Tips, Homeopathic Remedies, Nutrition, and Training for Your Dog's Natural Heath

Allyson McQuinn DHHP, JAOH

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Nutrition and Training for Dogs

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Health Disclaimer:

This research piece is not intended as a substitute for the medical advice of a trusted professional healthcare provider. The reader should regularly consult a physician in matters relating to his/her health and particularly with respect to any symptoms that are a direct result of this work requiring diagnosis or medical attention.

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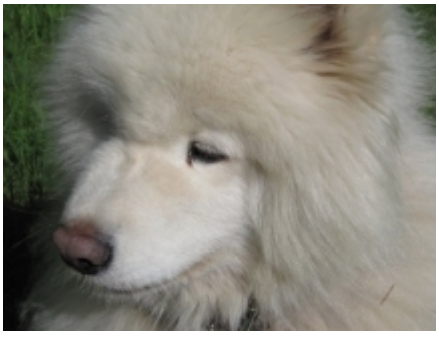

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Author of “How To Immunize Your Dog Without Vaccines”

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Please Share The Love

For Cynthia and Mary who, as dog owners, entrusted me with the care of you and your dogs in “the early years.” Much of what I learned from you is illuminated on these grateful pages.

Forward By Aleks Mikic, Author of “How To Immunize Your Dog Without Vaccines”

It’s not easy being a dog these days. Owners have been conditioned to acquire a veterinarian barely a day after they have acquired a dog. In decades past, veterinarians used to be called upon when an animal is sick, but somehow we have been convinced that they are a permanent part of the package called “animal ownership.”

The first diagnosis a healthy puppy receives from a veterinarian is that he has a deficiency of drugs and an overabundance of organs. Immediately he is pumped with vaccines and subjected to unnecessary surgery and the downhill journey of diminished vitality leading to disease and premature demise begins.

What can you, the owner, do to save your dog from such a fate? Educate, educate, and educate yourself. Do it before you get a dog, do it while you have a dog and do it after you’ve had a dog, in case you get another. Knowledge is the treasure with which you buy freedom from false authority, and any voice which leads you in that direction is to be welcomed.

Having the ability to handle certain health challenges at home, and having a connection with an holistic practitioner in case of a serious issue, frees you from a dependence on the veterinary profession and

their harmful dogmas. It also frees your dog's organism from the assaults of conventional practices.

What you will find in this book aren't just quick solutions for everyday problems, but also ways of prevention which always start with adherence to the needs of dog's carnivorous nature. You will even get a glimpse into that shadowy world of deep causality rooted in the human-animal bond, and your appreciation for the furry angels in your life will only grow. It is precisely this last point that will spur you on to bettering not just your dog's life, but also your own.

The hope is that you will not just read this book, but use it. Savor the information, bookmark it, get ready to use the highlighter, and then apply it. Only through personal experience will your confidence grow and with it, the improved health of your dog.

Aleksandra Mikic
www.health4animals.com

Introduction

A number of years ago, I served a patient who was very concerned about her beloved dog. He had developed inflammation in his right rear knee and she didn't want to take him to the veterinarian for more steroid shots or medication as it was producing iatrogenic complications due to the

negative side effects. It was interesting as my patient's right knee was also something that she'd come into our Clinic to be treated for and was in the throes of resolving through Heilkunst Treatment. The underlying cause, of course, was the same for both of them. Both owner and dog are without restriction and inflammation 5 years later at this writing. I followed the same principles of Heilkunst Medicine for her dog as I did for her.

Around about the same time, another patient came to me as her dog had a hardened cyst on his genitals. He was a show-dog and she wanted to see if we could address this issue in tandem to the cysts we'd shrunk on her ovaries. When she'd first come to see me, her cysts were the size of golf balls and then, after a couple of months of treatment, they were more like the size of a pea. Again, the issues for both the owner and her dog resolved after we treated the issues both for the pathic expression and tonically for the root cause for both of them.

More recently, I've been treating a patient's horses for events on both of their timelines where the animals have "Never Been Well Since" (NBWS). One suffered iatrogenesis (Dr. induced disease) after a vaccination and the other developed an issue where the horse ended up with baler twine wrapped around it's neck to the point of near suffocation. I'm pleased to say that both of these animals are doing well with their timeline treatment. Out of a sense of duty and also knowing that the root cause is similar to their human's dynamic I felt compelled to treat her horses. Doing nothing was beyond the scope of my imagination.

Having studied the relationship between man and beast over the last 17 years, I've decided to open up this aspect of my practice to include animals. To be clear, I'm not a Veterinarian of any kind, however, after owning my own farm for several years, having my horses, sheep, cats and dog treated with success solely using these principles I can champion the positive effect on 36 of my own animals over 7 years, in addition to the others that I've served. In that time, I've successfully treated a great variety of ailments both acute and chronic ailments.

Thankfully, I've also been mentored and guided by Heilkunst Practitioners schooled in the treatment of animals, as well as more Holistically trained Veterinarians, while at the same time, treating other patient's animals for their chronic diseases over the past 9 years. At this juncture, I feel ready to take this aspect of Heilkunst treatment on more formally, at present of course, keeping in mind the appropriate jurisdiction. I also have a small group of colleagues who've offered to mentor me in case I should need a leg up so to speak.

Here are some pictures of our Heilkunst treated animals (and humans!):

Terra, our Samoyed with Adie

Oliver our barn cat who lived in the house!

My favored kitty, Smokey, in the Calendula

Lilly-iam with Adie after it was

discovered he was a boy duck!

Snowbeast, our phenomenal Banty rooster

Myrna and her baby Aphrodite (the latter broke her front leg that I set and treated with homeopathic rx)

Our 3 year-old Morgan filly Baby with our daughter Adie

Our 27 year old Appaloosa Teddy and Baby with Adie and our Trainer Emily

3 baby goats I've treated over the last several years on my best friends' farm with my son Jordan

At this juncture, you may be asking why a person's illness matrix will show up in their dog, cat or their horse? It is primarily because your pet has just 3 of the 4 bodies that you do. He has a physical mineral body made up of bones just as you do, he has an etheric body which is the watery domain, or the jelly-like substance between your skin and organs, and he has an astral body which is the airy, oxygenated part just like you. However, he does not individuated with an individual ego (we call this healthy part the ontic as per Rudolf Steiner) like you. He shares one ego with his species. That is why all dogs wag their tails, all cats rub your legs for food, and all horses will have one herd leader.

Since your pet is not individuated like you, he will naturally default to you as his strong, reliable and fulfilled leader. That is why, to have healthy animals, you must be healthy yourself. We all know that your beloved dog, cat or horse will pick up on your anger, nervousness, and fears and adopt them as his own as he's simply a dousing mechanism for you! An animal will remain healthy if he has the healthy means to discharge these

strong human emotions through play or directed exercise. However, if these emotions remain unexpressed over time, they'll become engendered as a disease, occurring in a similar way, as your own disease matrix. That is why you want to be healthy so you don't infect your beloved animal.

As a result, of the intrinsic dynamic between human and animal, I will only treat the animals of patients already being treated by the

principles of Heilkunst Medicine. Cesar Millan, known for his series as “The Dog Whisper” proves this principle during his interventions with humans that thusly affect the dog. If you think about it, the show isn’t really about the dogs as much as it is about getting the owner to see the error in their weak character structure that is producing symptoms in their dog. Also, my good friend Kevin Behan also wholly agrees with this foundational knowledge in his book, “Your Dog Is Your Mirror: The Emotional Capacity of Our Dogs and Ourselves.” Our unresolved issues just become our pet’s default program until there are debilitating symptoms. It is time to correct this.

This is the reason that I’m writing this series of books for you and your pets. Yes, we’ll be discussing whole foods, vaccination, and natural remedies for their suffering, however, if we don’t wholly step up to the plate with regards to our intrinsic responsibility to them emotionally, we will fail in the other realm of regimen and medicine by re-infecting them with our states of mind and disease processes. We need to wake up and become wholly conscious to the role that we all play in this unconditional love and martyrdom matrix with our pets. Their health wholly depends on it.

There really is no point in treating an animal in a vacuum without it’s owner. Like a patient who may just want their child treated using the principles of this system of medicine we use to cure chronic disease, the animal or child will reach his/her limitation based on the owner or parent’s health and well-being, respectively, as we go through the process of peeling their onion with this approach to curative timeline therapy. If there is a stricture in the owner/parent’s disease matrix, the child/pet can not move beyond this place in their own treatment, without risk of the re-infection from the alpha character’s state of mind. Until all the players are addressing the root cause of their ills using principled medicine the patient’s case will be mired … the same is true for the animal in their care.

Allyson McQuinn, DHHP, JAOH

What is Homeopathy?

Dr. Samuel Hahnemann (1755-1843) coined the word ‘Homeopathy’ from the Greek words ‘homoios’ and ‘pathos’, meaning ‘similar suffering’, which expresses the natural law for curing disease; ‘Law of Similars’ or ‘like cures like’.

With the Law of Gravity, you know what will happen if you throw a rock up into the air. Even though you can not see the force that returns it to earth, you trust that the outcome will always be the same. We know this constancy is present also in the Law of Similars.

In fact, the only way a disease can be cured permanently is by administering a medicine which would produce a similar state of suffering in a healthy individual. Alternatively, a medicine which is not similar will either suppress or palliate the disease. Herbs, drugs, and even vitamins are generally built on the premise of ‘contraries’ or ‘Allopathy’, which was another term coined by Dr. Hahnemann.

Dr. Hahnemann’s full system of medicine that addresses chronic diseases is entitled Heilkunst. A German word meaning the whole art and science of curing and healing.

What is a Homeopathic Remedy?

What is a ‘homeopathic remedy’? This term is often used incorrectly, even sometimes by trained homeopaths. For those who have no experience with homeopathy, they may assume that it is just another way of saying ‘herbal remedy’ or even ‘natural remedy’, but it has a much more specific meaning than this.

The other huge misconception which people have about the term ‘homeopathic’ is that it is a reference to the method of potentization used in homeopathic prescribing (ie a substance which has been diluted and succussed to radically diminish its material component). When people have debates about whether or not ‘homeopathic remedies’ work, they often are using the term in this sense of a diluted and potentized substance, and are questioning the possibility of a non-material remedy having any efficacy.

To understand the term ‘homeopathic remedy’ correctly, we need to understand both the words ‘homeopathic’ and ‘remedy’ accurately. In its literal sense, the word homeopathic means ‘similar suffering’ (as mentioned above), and is referring to the law of nature known as the ‘Law of Similars’. In this sense, then, it refers to a relationship between a disease and a medicinal substance which are very closely similar (and therefore, there is a curative relationship between them). Whether the medicine was potentized, or not, does not define a homeopathic relationship. This is why the use of some herbs, for example, may sometimes have a homeopathic relationship to the disease being treated, or even some pharmaceutical drugs, for that matter. It is not the safest way to apply a homeopathic remedy, but nevertheless, it can still be homeopathic.

The term ‘remedy’ is another one which tends to be used too loosely. Again the so-called ‘homeopathic remedy’ which you buy at the health food store may be neither ‘homeopathic’ or a ‘remedy’ in any given case. It may be called ‘homeopathic’ only if it has the relationship of similarity to the disease being treated, and it may only be called a ‘remedy’ if it actually remedies something. A ‘remedy’, also, isn’t always necessarily a medicinal substance, but may be a lifestyle modification, or even an idea which catalyzes a change in someone’s perception or psychological state. It is the result of a ‘remedy’, upon which we can judge whether it actually was one, or not.

Dose And Potency

Generally a 30CH, 200CH, or 1M will be sufficient in all cases of acute self-limiting issues. The 30CH being on the less severe scale of suffering, while the 200CH will be the mid-range dose, and the 1M being for more severe cases.

The Homeopath's maxim, though, is to always 'use what you have', so don't worry if the dose doesn't wholly fit, as the remedy is the more critical part of the equation. Remember that it is the similium that you seek, which means that you have a bit of play or a margin of leeway enabling you to point and shoot at the disease state, invariably hitting some or all of the target even if not exact in your prescribing.

Thankfully for this forgiveness, and the fact that you can not cause yourself, or your pet, harm you will generally still be able to address some of your suffering in many cases. Most of us experimented a great deal, before our more formal training. My own son once said to me, "Mommy, you're getting better at this homeopathy thing, you didn't even have to try twice this time."

How Do I Take A Remedy?

The remedy should be taken orally (by the mouth), unless otherwise indicated. You can easily place it in your pet's water or on their food. The more acute the issue, then the more dosing required. If your patient is in shock, for example, then you must encourage them to dose every few seconds. Sipping on the remedy in water will make this easier except if the remedy is for your dog, cat or horse, then drop it onto their head or anywhere on their body as needed.

If the first aid situation is more acute, more frequent dosing is required. Ideally the remedy should be taken orally, however, in some cases, out of necessity, we've dropped the remedy onto our pet's nose or baby's skin. Don't worry, it will work just as well to drop the rx on their body. If your patient is in shock, then you must encourage them to dose every few seconds, for example. Sipping on the remedy, or dropping a drop on their body every few seconds or minutes will make this easier where possible.

It is best if the water used to sip your remedies in is pure and pH balanced, however, at a minimum, it should be properly filtered. Fluorinated and chlorinated water is not best for our overall health and should be avoided where possible.

In other cases where our animal patients are in a different state, province or country, we'll also supply a "paper remedy." Without going into the science behind this, it is similar to how prayer has been proven to help a loved one. The conscious intention has power, just as a positive thought can change the outcome of what could have been a negative situation. For a goat I was treating, we put the goat's name on a piece of paper and then the remedy and within an hour, the goat was clearly on the mend. Our community of Physicians have been treating patients internationally for over 20 years using "paper remedies" with the same high efficacy as with administering the remedy pellets or by way of dropper bottles. Don't knock it until you try it!

Dropper (Liquid Remedy Dose):

Take one drop (not one dropper full) of the remedy as indicated by your practitioner.

Ideally, you should not touch the glass dropper to your pet's lips, tongue, or teeth, as this could introduce bacteria into the dropper (this is why there is usually use a bit of vodka or cognac in droppers to help keep the remedy more sterile). Succuss (bang on the palm of your hand) the dropper bottle 2-3 times before administering each dose. This creates an energy vortex that is beneficial for the continued efficacy of the remedy.

Dry Remedy Doses (Pellets, Powders or Rice Papers):

The dry dose remedies are typically taken at 24 hour intervals apart from each other, unless indicated otherwise. Typically, these remedies are in pellet form, delivered on a small piece of rice paper, or dropped in a puddle of lactose powder. In special circumstances alternate methods of delivering the dry dose will be offered, and instructions unique to that situation will be provided by your practitioner or pharmacist. For example, nursing cats, dogs or horses can take the remedy for the kitten, pup or foal, or the rx can be dissolved in their water, food or healthy treat.

Sipping in Water:

If you have a remedy that bears repeating often, for an emotional upset or a physical trauma, it is best to put one drop of the remedy, or dissolve the pellet or remedy powder/rice paper, into a bowl of water. In that way, you can have access to the gentle and effective remedy as often as needed in acute situations (as advised by your practitioner). With our animals, we will always leave one vessel out with clean water and one vessel with the homeopathic rx. If you sit down and observe what your pet does, they'll typically always choose the water with the homeopathic remedy in it! Animals are just that intuitive.

Replenishing The Dropper Bottle:

When a centimeter (less than ½ an inch) of water remains, simply refill your dropper with pure water, stir or shake bottle, and continue sipping, as the bioenergy remains in good stead while spreading to the new water droplets added. You can also add one lactose pellet to a dropper bottle using it multiple times without fear of ever running out!

Basic Emotional and Physical First Aid For Your Dog

Practical Tips for Physical and Emotional Injuries

I've been studying this system of medicine for over two decades and I'm still in utter awe of how effectively both acute and chronic issues can be annihilated without the need for a visit to the local clinic. I've covered just a few basic homeopathic remedies here for you to be able to stock your own natural home pharmacy.

Every member of our family, including our teens, have advanced training in first aid. It is important to always have a properly stocked first aid kit in your car, as well as at home, the cottage, or camp.

If you choose to take a course, your instructor will suggest a basic kit with bandages of all sizes, a sling that can be fashioned with your own clothing, antiseptic (such as iodine or hydrogen peroxide), scissors, tweezers, big diaper pins or safety pins of varying sizes, non-stick surgical tape, saline for eyewash, and a blanket for preventing shock. Our kits also have Arnica Cream for bruising, Calendula Cream for cuts, and Cantharis Cream for minor burns.

Homeopathic Remedies for Basic Injuries

Aconite is the remedy used for shock. Your dog may exhibit staring, excessive panting, sweaty paws, and a very rapid heart rate. They may not be able to move or properly make eye contact due to the fight/flight response caused by anything from a fall, being injured, seeing an accident, or the sudden death of their beloved owner.

Arnica is the chief remedy for bruising and typically the first remedy you may ever use with your pet. Anytime your dog has a limp or

sore spot, this remedy will miraculously heal the contusion, often skipping the red, blue, and purple phases, going straight to the more yellow and green latter phases in a matter of hours or days, depending on the nature of the injury. Never use Arnica directly on an open wound as it will cause it to fester and worsen; instead, take it internally for best results.

Borax (not the laundry soap) is the homeopathic remedy for thrush. If your dog develops a yeasty rash or thrush in his mouth that just won't clear up on it's own, *Borax* is the remedy of choice.

Calendula is the remedy for a cut or wound. You can dissolve a pellet in bottled or clean spring water and gently sponge the affected area. Calendula can also be taken by mouth simultaneously. I've seen the most amazing results with this remedy on cuts that would normally take a few days to close and heal, accomplish the same in less than 12 hours after use.

Cantharis is our chief remedy for burns and scalds. If you don't have the remedy handy, you can gently run the affected area under warm water, just to the point where the dog complains that it is too warm. The homeopathic principle of like cures like will work this way too! Never use hot water as this will cause further tissue damage and harm your puppy.

Hypericum is used effectively for nerve damage. If a dog's paw has been caught in a door or he has bitten his tongue, *Hypericum* is your remedy of choice as it is for injuries in nerve rich areas of the body.

Ledum is a great remedy for more serious contusions (like a black eye) or for puncture wounds from a mosquito bite all the way to having stepped on a rusty tack or nail. Ledum is the homeopathic similimum for tetanus and we've used it for our own family at the camp, until we can employ the Tetanus nosode at our clinic.

Rhus Tox. is the homeopathic remedy for stiffness and soreness in the joints from over exercising, or from twisting a limb or wrenching a joint. The symptoms in *Rhus Tox.* will be likened to a rusty gate, very stiff at the onset of movement, typical of arthritic complaints, and then once oiled with further motility, your dog will achieve greater ease in his joints.

NSOL stands for *Natrum Muriaticum, Staphysagria, Opium and Lachesis*. In order, these are the homeopathic remedies for grief, anger, fear, guilt, resentment, and shame. When my own children were upset, this combination rx, in addition to their Genotype or Homeopathic Constitutional Remedy to help set their keel straight, would go a long way in properly reorienting their life-force towards homeostasis, balance, ease, and health. I would also add remedies for anxiety, shock (such as *Aconite)*, or several Flower Essences (such as the Rescue Remedy combination outlined below). You can also treat your dog with the same remedies as they are like canaries in our coal mines, picking up every emotion we express, or don't express, keeping it harboured below decks. By discharging it with homeopathic rx, your dog won't turn it in onto himself as a cancerous tumor, diabetes, or heart affliction later on.

You may bump into schools of thought that only use one remedy at a time per person, this goes against Dr. Samuel Hahnemann's maxim of "treat for what you see." Combining remedies in succession is not a problem, as Hahnemann never limited the prescriber for the time frame between the giving of each remedy. Also, all homeopathics are strictly "informed" by their doctrine of signature in nature, meaning that they all know their ordained job and can not, in fact, fall over into the territory of a remedy also prescribed simultaneously. Heilkunst, the much more dynamic system of medicine that we practice, enables us to achieve cures in much more complex cases. Perhaps check out our testimonials page on our website to see how patients react to being cured: http://arcanum.ca/about/testimonials/

Flower Essences

Rescue Remedy (RR) is the remedy that folks usually hear of first when initially exploring the realm of Flower Essences. It is great for general, overall stress and emotional strain when it may be hard to discern which remedy is ideal in the moment. As you will learn, there are no specific Flower Essences associated with physical

complaints, however, **RR** is a great remedy to use in all instances of physical and emotional suffering without causing an ounce of harm.

RR is a blend of the following five remedies created by Dr. Bach for crises and emergencies. It will help your dog to relax, feel calm, rest, or cope with whatever issue has arisen. Rescue Remedy will help your dog to level out those more spiky feelings that can sometimes come up on the tide of his suffering (or his beloved owner's suffering), so they can heal more quickly, enabling both of you to assume a better state of ease and grace. Here is a list and brief description of the Flower Essences contained in Rescue Remedy:

Impatiens is the remedy for those dogs who become demanding and impatient to have their needs met. This flower essence will help the dog be more patient and at ease.

Star of Bethlehem is for having suffered shock or trauma, either recently or long ago in the past. It may be hard to imagine or remember being sick and feeling scared given that your internal landscape has completely changed, however, a dog can become withdrawn when in pain or in shock. This remedy helps your dog to integrate both their physical and emotional pain and suffering into a more manageable resolve, letting you both start to process the strong emotions from an event of this nature.

Cherry Plum is for fear of losing all reason and control, entering into a spiral of self-inflicted, insidious, self-destructive tendencies. *Cherry Plum* enables the sufferer to invoke their essential courage allowing for symptoms to pass easily by simply letting go, without getting hung up on the drama of being ill.

Rock Rose is for quieting feelings of panic or terror. An ideal remedy for a dog suffering a shock.

Clematis is for those who retreat into a world of fantasy to escape their illness. Your dog may appear ungrounded and indifferent to what is going on in their everyday life. *Clematis* can help anchor them, bringing about growth on the physical and mental level, ultimately promoting a more mature immune function. This flower essence harmonizes the disparity inherent in the suffering associated with the physical illness, helping to assimilate the dog's purpose. *Clematis* bundles up the fount of ideas sourced from spirit and integrates them into our physicality, aligning them both into a state of creative accomplishment and grace.

Conditions

Skin Conditions and Fleas

Perhaps you already know that fleas are tiny, brown, wingless creatures that can jump 100 times their own height. One female flea with produce 20,000 eggs within a period of only 3 months. Also, it takes anywhere from 3-6 weeks for flea eggs to hatch. Are you sufficiently grossed out by now? How about the fact that these disgusting little vampires survive solely on your pet's blood spreading to other animals in the house and even biting your children in their quest for a food supply.

I've also lived a most horrid dilemma with my own dog and cats with regard to fleas. If you're suffering this with any of your animals, believe me when I say, you have my full abiding sympathy. Not only does the animal feel preyed upon with constant itching, agitation and skin issues, but as their owners, we feel their suffering, often feeling impotent to resolve it while our homes become infested with these invasive creatures.

With both our Samoyed dog and our cats, I tried the typical natural solutions such as garlic, probiotics and brewers yeast, however, nothing worked until I addressed one primal aspect of my pet's health; their diet! Believe me when I say that for months, I was like a crazy woman on a quest to try to fix this with homeopathic remedies, even once resorting to allopathic drugs as my cat was suffering to the degree that I thought I might have to put him down, his skin and immune system mimicking one of the worse plague-like states I'd ever seen.

Ollie, my children's cat, had pulled out so much fur that he was bald on his back with raised bumps like warty chicken skin. He was emaciated and I felt devastated that I was throwing everything in my arsenal at this creature as this chronic state just would not budge an inch. I was actually reading Aleks Mikic's book "Immune Doggy" and in there, I found the golden key, the solution to the fundamental problem.

In there, she'd cited a reference by an author named Ann N. Martin called, "Foods Pets Die For." In that book, I read how dead animals are harvested from unnamed sources to make dog and cat kibble and wet food and then a toxic pink slime coats the food to try and kill off all of the errant bacteria and drugs the animal received, however, any nutrition that might have been derived from this disgusting concoction is all completely destroyed.

Now I'd always bought the really expensive, organic food for my dog and cats, however, it is still cooked, the enzymes destroyed in the processing. Also, pet food is not regulated so the source of that meat could be coming from anywhere. Did you know that commercial pet foods harvest dead animals from veterinarians? Think about the toxic drugs that those animals may have been on and the surgeries they'd potentially suffered before their demise. It turns your stomach doesn't it?

Keep reading as I'll explain to you what I started to feed my small herd of carnivores … To this day, I'm still astounded.

Raw Food

When I began to feed my dog and cats raw food, I was astounded at the results. As mentioned my one cat who was very sickly, suffering horrible fur loss, mottled skin with flea bites all over his neck showed the most extreme improvement right away. My dog became much more enthusiastic with a greater verve for life, her breath and teeth became magnificent, with no plague, from chewing on all those raw bones (never feed cooked poultry as this is dangerous due to splintering for dogs and cats), her coat also becoming more glossy and much less matted. With our Samoyed, we really noticed this phenomenon with 3 layers of hair resembling sheep's down as you get closer to the skin.

Within a week my cats health was wholly being restored. My dog's fur was magnificent, glossy and so much easier to brush out, that matted nests just releasing. My sickly cat was putting on weight, his coat was growing back in and his skin was healing beautifully. It was like a miracle. Aleks Mikics had written about how any brand of store bought kibble is not found anywhere in nature as it is not natural for carnivores to eat denatured or cooked foods. This is what was causing my dog and cats to suffer different levels of malaise, skin conditions, flea infestations and ill health.

I began, slowly, to introduce raw foods like chicken giblets, chicken wings (raw only as cooked chicken bones will sliver and break into shards that can cause suffocation), moose meat, chicken, beef hearts, fish heads, ground beef mixed with raw eggs, liver, and anything that the market butcher or farmer would either give away or sell for cheap that my dog and cats might like. At first, they ate like gluttons. I think it may have been fear that they had to consume as much of it as possible of this natural more resonant nourishment for fear of tapping out their source.

At first, I was worried about how many times a day they would need to be fed. With kibble, I had the luxury of travelling overnight,

leaving my cats at least with a supply of kibble while my dog stayed at my friend's kennel. However, over time, their appetites evened out more and more. Now, of course my dog would follow me anywhere thinking I just might feed her every moment of the day as I was using raw food like hamburger in a plastic bag in my fanny pouch strapped to my waist for training.

The only thing that I would add to their food, periodically, was some brewer's yeast and garlic (also addresses any tapeworms) about once or twice a week during the summer just to be extra vigilant during flea season (please note that neither of these additives worked on the kibble and canned cat food diet prior). Also, I would add a little olive oil or evening primrose oil on occasion to ensure they were getting their omegas, a Vitamin B1, as well as a multi-billion good bacteria probiotic. You may already know that you can buy probiotics at any health food store and safely use them for humans and for your dogs as you can't cause harm to either organism. Again, I'd tried the probiotics prior to no avail. This approach to raw food, thankfully, has enabled our domesticated carnivores to live long and healthy lives.

Natural Flea Treatments

To scope out the extent of your pet's infestation, carefully separate the hair on their haunches and back. Admittedly it is harder to scope out the fleas themselves, as well as, the deposits of black feces on pets with darker skin and fur. Wipe the infested area with wet paper towel. If you see dissolved red blood, like red brick dust, you're definitely suffering a flea infestation.

Part of the devastation of flea infestations is that you have to treat the home as well as the lawn and garden if your pets spend time outdoors. I made up spray bottles of vinegar and essential oils to

address fleas and ants too. Bedding will need to be washed where the animal slept. Also, carpets need to be vacuumed regularly as the flea eggs proliferate and hatch over a 6 month span of time.

For your garden, mix ½ dish soap and ½ beer (yes, you have my sympathies in advance) applied to the lawn hose sprayer. Diatomaceous earth is also very effective at killing off fleas in any stage of their lifecycle, but it takes about 3 weeks to be completely effective, but once it kicks in, it is highly effective. Relentless persistence is critical in all cases, however, once you change their diet to all raw, you can let a lot of this extensive regimen go.

The other thing that is safe for both dogs and cats is some orange, lemon or grapefruit essential oil diluted in a water bottle. Just a drop or two for every ½ cup of water and then sprayed onto the affected area and also on window sills and around door frames where your pets cross the threshold with any parasites and fleas. ***Do not use Tea Tree Oil or Citronella as these essential oils are harmful and extremely toxic to your pets!***

Sulphur and Black Walnut hulls bought at your health food store in capsule form and sprinkled on your dog, or cat's food, can be very effective in addressing fleas on their bodies. This method will also repel ticks and mosquitoes as well. Many folks tout the advantages of spraying their pets with apple cider vinegar as an effective flea treatment. My dog hated when I did this and my cats considered it a violent trauma!

Now if you need to bathe your flea infested pup, you can use an organic herbal-based shampoo. Be sure to avoid sodium lauryl sulfate * as this foaming agent is a known carcinogen. Any all natural shampoo containing geranium, juniper, lavender, rosemary,

bergamot, pine or cedar will help. Start by dampening your pet's head (without dousing his ears, eyes or snout of course) as the fleas will always head to higher ground.

You can also get a thick layer of shampoo all around his neck, chin and head area so that you kill off the intruders before they have a chance to escape. I would pour small amounts of water into my hand and lather up my dog's head area creating a soapy barrier that will kill off the fleas attempting to get through the watery, soapy barrier. It is good if you can leave the herbal shampoo with essential oils on for a good 15 minutes with a wet towel draped over your dog so he doesn't shake himself into oblivion while the watery suds drown the fleas. Rinse your pup well and dry him by the woodstove or with a blow-dryer if he'll let you if the temperature is cold.

As mentioned prior, be sure to address the problem where your dog sleeps, door frames, window sills by spraying the areas with apple cider vinegar and essential oils or you can mix up a pound and a half of diatomaceous earth (garden store only), with the same amount of natural borax (garden store only) and a cup of salt (just the cheap stuff). The diatomaceous earth (wear a mask while spreading it) works well due to the tiny glass-like particles that act like shards with spines will puncture the flea's exoskeleton (Yes, I'm sure you're glad you asked). The borax and salt absorb the flea's desirable, moisture rich environment making it too dry for them to want to nest.

Sprinkle the latter mixture above,while wearing a mask, on your carpets, corners, your dog's bed, and then wait about 3 days before vacuuming it up. Try not to let your dog breathe the diatomaceous earth mixture continually while it is spread throughout your house so if he can be cordoned off in another room or can stay at a friends,

that would be ideal. You may have to repeat this process a couple of times depending on how tenacious the infestation is.

Note: Do not use Pool Grade Diatomaceous earth as it is extremely dangerous and can cause scarring of your dogs lungs like asbestos poisoning or silicosis.

Some of the most popular, and effective, remedies for flea infestations are:

Apple Cider Vinegar
All Natural Dish Soap like Dr. Bronner's
Garlic
Amethyst
Salt
Diatomaceous Earth
Essential Oils
Brewer's Yeast
Borax
Neem Seed
Oil

Mites

Mites can produce mange in your dog which can show up as hair loss, scaly or crusty skin. There are three types of mites; demodectic is not contagious and may not even itch, the sarcoptic type is very contagious and wildly itchy while the third type, cheyletiella type is also contagious and only mildly itchy. Mites are also effectively addressed using the same remedies above for fleas or the oatmeal shampoo with peppermint or lavender oils below.

Source: http://bit.ly/1tZ4hQu

Allergies

One flea can be a disaster for your dog. As mentioned prior, check for the ground coffee-like feces left behind that turns red when dampened showing up on the towel, cloth or in the bath water. This is a testament to the infestation of your pet. Some dogs can have a horrible skin reaction to fleas. Look for rashes, missing hair, or bumps that look like blisters. Your dog will probably also be preoccupied with scratching, biting and tearing the hair out of his neck or hind quarters.

For this you can apply coconut oil to help heal the skin while also going after the underlying cause with the suggestions above in addition to addressing his diet to ensure he's not getting any grains, especially corn or wheat. Raw chicken, lamb, venison, salmon, or beef works great.

It is also prudent to make sure that your pet is never exposed to toxic lawn care products or toxic cleaners in your own home. We have used simple vinegar, homemade orange oil (just soak organic skins in vinegar for a week), Dr. Bronner's or Shaklee's Basic H to clean our home for over 25 years since my children were just babes and also while we've had pets. Also discontinue using any grooming products that can produce skin irritation. Try to find a groomer who respects your desire for natural, organic products or ask if you can supply your own for his bath. Never use detergents with sodium laureth sulfate as this foaming agent is a known carcinogen.

Basic Oatmeal Shampoo

Grind up a cup of oatmeal in your food processor to make a powdery oatmeal flour. Add this to ½ a cup of liquid Castille soap (an organic fat cleanser), 2 tablespoons of baking soda, and about a quart of warm water. I use a mason jar with a tight fitting lid so I can shake it up to mix up the ingredients. If your pup is suffering skin allergies, try to leave the mixture on his wet body for at least 5 minutes before rinsing his fur thoroughly.

You Can Also Add …

2-3 tablespoons of pure Aloe Vera juice (no alcohol) or ½ an ounce of Neem Oil from the Indian Neem tree to 8 ounces of your oatmeal shampoo. It is as effective as Vitamin E for healing and will help to naturally repel ticks and fleas with it's strong odor. You can also safely add ½ ounce of coconut, jojoba, olive or sweet almond oil if your dog suffers dry, rashy or flaking skin. The latter 4 oils will act like a conditioner if your dog is prone to tangles in his longer hair.

Shampoo With Essential Oils

You can also safely add lavender or peppermint oil to your dog's basic oatmeal shampoo. They'll also help to soothe irritated skin, repel fleas and ticks and also calm nervous or agitated dogs. Peppermint and Ginger oil can also help dogs with any arthritic complaints as well.

Source: **http://bit.ly/1hBpsYt**

One Other Skin Infection Remedy:

You can also safely use ‘Flowers of Sulfur’ to address your pet’s skin ailments. Flowers of Sulphur is also known as ‘brimstone’ or ‘sublime sulfur’ and has been used for a few thousand years to address fungal, and bacterial issues on the skin. The itch will often leave within a few days of it’s use.

Most modern vets have never heard of ‘Flowers of Sulphur’, however, in our homeopathic literature sulphur is a key remedy for skin issues where there is great redness, itching, heat, restlessness and even frustration. You can pick it up at most pharmacies or just order it online. I’ve not included a link as sources can change over time.

You can apply the dry powder of brimstone directly onto your dog’s skin in a mixture of non-aluminum baking soda. Try a small patch at first, by separating the fur, to be sure that it doesn’t exacerbate his issues further. Use it like talcum powder, rubbing it onto his skin. If he’s fine, continue to rub it into his skin above his tail, around his neck and behind his ears.

You can also mix it into coconut or jojoba oil and use it on your dog’s skin. This can also be used safely by humans, and any other farm animals, including poultry. Apply daily until his skin issues resolve.

Traditionally, ‘Flowers of Sulphur’ was also used internally, mixed with molasses, creating a mild laxative effect. However, it is a good idea to test this as folks can have varying reactions and it is best to go slow and easy for both your dog and yourself by starting with less than a pinch in half a teaspoon of molasses and working your way up.

Source: http://www.growyouthful.com/remedy/flowers-of-sulphur.php

Homeopathic Remedies For Skin Afflictions

Anacardium Orientale: is the remedy derived from poison oak and so, delivered on the principles of homeopathic natural law, it will cure rashes that are intensely itchy and burning, with swelling and fluid-filled blisters that are most often scarlet red. The itching will be made worse from the application of warm water or heat. Be wary that those 'not in the know' may type this skin issue as herpes, recommending a suppressive cortisone cream that won't address the underlying cause. A dog in an *Anacardium* state will appear as having an imaginary angel on one shoulder and a wee devil on the other, creating havoc in an otherwise more balanced pup.

Apis Mellifica: is the homeopathic remedy made from bee venom. Look for a quick onset, with little white rings with a more profound redness at the center and swelling, often termed "hives." Your dog will be suffering intolerable itching which feels much worse at night. They will be driven to distraction due to the fact that it stings! It may appear like a dry, scarlet nettle rash over the entire body, making you think that it is an allergic reaction. We find it works best if you dissolve the remedy in water and have your dog sip as often as he likes or you dissolve the pellet in water and use a syringe to dose every 15-30 seconds, while also offering cold compresses which will help relieve the swelling and the stinging nature of the pain. In *Apis* your dog may either be suffering a very marked state of irritation or conversely, in more protracted states, be starring in a kind of stupor.

Belladonna: is derived from the nightshade plant. Look for a quick onset with hot, bright red, throbbing rashes that are often accompanied by high fever. Typically, the right side of the face and ear will be hot or even bright red around the eye or ear like it could

glow in the dark! The rash can show up like small razor blade cuts or scarlet spots all over the body that are so red, they look as if they're bleeding. *Belladonna* will also address rashes that come up in pustules, ulcers, or boils with a red scaly eruption that burns and pulls with movement. Your pup may be groaning or even crying in pain while suffering this state, suffering most often at midnight with delirium. A scary place indeed, however, once you've easily cured the *Belladonna* state by using the remedy, you'll feel in awe of the law of nature, 'like cures like'!

Bryonia: is made from the roots of the plant with the same name. This rash will show up as a bumpy, yellowish, hot, dry rash. The rash will feel worse from heat or touch, accompanied by burning or pricking over the whole body, as if suffering a nettle rash. Look for hard knots, blotches, and smarting pains. However, your dog may feel soothed by lying on the side with the rash as that action will soothe the itching. Your puppy may want to lie completely still, while also being left alone, and may be suffering a headache over the eyes for which he'll be squinting or rubbing his paws over his forehead.

Graphites: is highly succussed and potentized black carbon. Homeopathically, it will cure rashes that are obstinate, dry, and can appear like flea bites, erupting with a honey-like golden fluid that oozes and then crusts over. The itching will be made worse from warm applications and be worse at night. Your dog will be indicating that the rashes are worse in the folds of the skin, like in the bend of the limbs, the neck, behind the ears, and in the groin. Look for deformity and thickness of the nails in those suffering in a *Graphites* state. Mentally and emotionally your dog will exhibit feelings of dejection, sadness, melancholy, and discouragement.

Mercurius Vivus: is derived from dimercuros ammonium nitrate and is safely administered as a homeopathic remedy for rashes of a bacterial nature. It is the simillimum for poison ivy, where there is inflammation, hard swelling with a red, shiny pustular, and mealy rash. Look for a moist, sickly-smelling discharge as it is one of our chief rx for abscesses that fester and are slow to heal. The rash will spread out from the nucleus where it began, burning and weeping

with phlegm-like pus. In this state, your dog will feel worse at night with accompanying complaints of “growing pains” and difficulty with teething, presenting as festering, red gums. With *Mercurius*, there is a deeper underlying cause that would do well to be addressed by a knowledgeable practitioner.

Natrum Muriaticum: is the remedy made from common salt. It is helpful for unresolved issues stemming from grief or loss. The rash in *Nat. Mur.* will be itchy and found at the margins of the head or at the bends of the knees or elbows. The skin will appear moist and oily in some places while the rash is dry and scaly, described often as psoriasis or seborrhea. The rash is generally worse after physical exertion and may be accompanied by wheezing. The dog may also find the sun too bright. This patient will be suffering unresolved grief, losses, disappointed love (like his owner going away and leaving him in a kennel).

Rhus Toxicodendron: is the remedy derived from poison oak. It will appear very blistery, intensely itchy, and burning. The rash itself will be very much like shingles or a nettle rash, with a tight-feeling, often circular with a red border that keeps spreading up the limbs. In this state, your dog will feel better from bathing in very warm water or with a heating pad. The patient will appear very restless, needing to pace or move around constantly. Look for stiffness or rheumatism in the joints.

Sulphur: is derived from brimstone or sublimed sulphur. Look for red, scaly, pimple-like, burning, long-standing irritations made worse by heat or by washing the affected part. The skin will crack in open air. In this state, you will also see raised ulcers appear curiously after some form of injury to the affected area. Your dog may be very irritated by your touch. Scratching will be irresistible, making the dry, scaly, or sometimes moist eruptions a much bigger mess! Your puppy may be very irritated with a Sulphur rash, crying with pain when scratching.

Urtica Urens: is the remedy made from nettles. The blotches, mostly on your dog’s extremities, will resemble large hives, stinging and burning intensely just like if he’d been stung by nettles! Think Urtica Urens if your dog suffers from fever blisters on the lips, a

sudden rash on the head, or where there is numbness and itching of the nose, ears, or eyelids with swelling so significant that it is difficult for them to open their eyes. The skin on the face may appear wrinkled, also developing isolated swellings as large as a “hen’s egg” on other parts of the body. This rash will be made worse from scratching or from applying cold compresses or water. These types of rashes will make you think of an allergic reaction from shellfish or from being overheated. *Urtica Urens* is also a good remedy for burns or scalds. Your pup may be terribly giddy and appear as if they may suddenly topple forwards.

De-Worming

In our practice with pets, we use a homeopathic de-worming combination. We have large facilities and local barns full of horses where the owners are using it with their equine residents as well as their dogs and cats. I used it exclusively on the 36 animals on our farm for 5 years without any symptoms of worms.

It is a combination of:

Gaertner Bach, Abies Can., Abro., and Cina in a low potency like a 3CH.

Convention dewormers are chemical-based pesticides containing carcinogens and toxins that are harmful, suppressive; also building up in the system over time. By using homeopathic, natural or herbal dewormers, you can seriously reduce your animal’s exposure to toxicity and disease agents as well as helping keep your dog’s immune system healthy and strong.

Also, diet is key as a healthy animal will not become host to unwanted parasites such as worms. As mentioned prior, feeding your dog raw, letting go of repeat vaccinations (which I will address next) which actually lowers your dog's healthy immune functioning. Have his titers checked, as this will indicate that your dog will remain extremely healthy after only one homeopathic immunization, if he's provided raw food which is species specific nutrition, and if you limit exposure to chemical-based shampoos or cleaning products, road salt on their paws, toys, chewies, toothpaste, or antibiotics or any chemical-based drugs.

Issues that may arise like ear infections, diarrhea or a urinary tract infection for example can easily be addressed homeopathically through a wholistic vet or practitioner familiar with the treatment of animals. The idea is to leave your pup in as naturally pristine condition as possible.

Symptoms of a parasitic infestation include;

- vomiting
- diarrhea
- weight loss
- voracious appetite with no weight gain
- anemia (low red blood cell count)
- scooting their bum on the carpet or grass
- mild to severe coughing
- scratching at the base of their tail

The types of worms that both dogs and cats can suffer (humans too) are:

- Tapeworm
- Round worm (Ascaris)
- Trichinella (causes trichinosis)
- Strongyloides (Threadworm, Pinworm, and/or Seatworm)

In some rare cases, if the infestation of worms is severe, you may have to treat with the chemical deworming formula then be sure to change your pet's diet, use homeopathics to address the chemical constituents in the worming formula to clear the toxicity and then vow to be vigilant with probiotics, garlic, turmeric and more natural cures from here on in.

Some other natural deworming remedies are:

- Garlic (1 clove raw, chopped or minced and mixed into their raw food for a 30lb dog)*
- Grapefruit Seed Extract [GSE] (5-10 drops per day mixed into raw food for every 10lbs in weight of your dog. You can also use crushed grapefruit hulls mixed in their food.)
- Food grade Diatomaceous Earth (Small Dogs ½ tsp, Medium Dogs under 50 lbs 2 tsp and Large Dogs more than 50 lbs 1tbsp.)
- Black Walnut Hulls (Limit to one drop per day for a maximum of 2-3 weeks)
- Ground Pumpkin Seeds [Pepitas] or oil or wheat germ oil (Use ¼ tsp of the ground pumpkin seeds or either oils for every 10lbs that your dog weighs)
- Ground Cloves (Use ¼ clove for small dog, ½ clove for medium dog or 1 clove for a large dog per day over a two week span of time)
- Goldenseal (Whether tea or tincture, it is best to start with 1-3 drops per day mixed in their food)

NOTE: Garlic is contraindicated for dogs on blood thinners like Warfarin (rat poison)

The other aspect that contributes to worms is unresolved anger in their environment. To feel victimized enough to host other errant bacteria or worms has to do with undischarged rage and anger and your pet will take on your frustrations out of love for you and so it is best that this aspect is also addressed in you so that your pet does not have to keep taking this on.

Vaccinations vs Immunizations

"I never saw a case of cancer in an unvaccinated person."

~ Dr. W.B. Clarke, around 1909

This is one of the most controversial aspects of treatment in medicine. While we would love to think that Big Pharma has our best interests at heart, what we know is that animals who've been repeatedly vaccinated, suffer the most debilitating illnesses. The saddest part is that once your pet's health has been compromised by drugs and/or vaccinations, it is quite a struggle to get it back. What we're all seeking for our beloved dogs, cats and our kids too is something called "natural immunity." We want to stand alone, be self-governing and own our own health outright. I'm going to help you to discern how to do this. But first, with a little help from my friend, I'm going to illustrate what went wrong.

If you're not vigilant, your pets health will be hijacked. Big Pharma appraises only it's own drugs, gives kickbacks to government officials, and in turn, there is no mechanism to take them to court should you want to prove that your dog died from a vaccine. My dear friend, and colleague, Aleksandra (Aleks) Mikic wrote in her book "How To Immunize Your Dog Without Vaccines" about big Pharma's goal to stage the decline of your health here,

"Do you doubt it? Do you think that nobody could be that cruel? Then you need to read the report by Robert F. Kennedy Jr. published June 16th, 2005. Under the Freedom of Information Act, he managed to obtain transcripts of the secret meeting which took place in June of

2000 at the Simpsonwood Conference Center. The meeting was convened by the Center for Disease Control (CDC). Fifty two private invitations were issued, no public announcement was ever made. So, who made up this secret panel? Officials from CDC, FDA, vaccine specialist from the WHO (World Health Organization) in Geneva and representatives from every major vaccine manufacturer in the world.

The participants of this meeting were reminded, repeatedly, that they could not photocopy any documents, could not take notes and could not leave with any papers in their possession. They were presented with the results of a study - a huge database containing medical records of 100,000 children - irrefutably proving that thimerosal (mercury in the vaccines) was responsible for the epidemic of autism and other neurological disorders. There is actually more to it than just the mercury, but more on that later."

She goes on to state,

"CDC even paid the Institute of Medicine to conduct a new study and ordered researchers to rule out the link between mercury and autism. This just goes to show you how reliable their 'double-blind' clinical studies really are. Maybe they call them double-blind because they manage to blind both the researchers and the public? Other scientists were told that the data from the original study was lost and couldn't be replicated. Can you imagine anyone falling for that explanation? How exactly do you misplace the medical records of 100,000 children? That's not a tiny bit of paper. Senator Bill Frist received $873,000 in contributions from the pharmaceutical companies and consequently did everything he could to shield them from the harm (aka justice). Several times he tried to seal off vaccine-related documents, including Simpsonwood transcripts and he introduced provision which would deny compensation to children suffering from brain damage induced by the vaccine. And what about

the children? Well, they didn't make any contributions, so they weren't relevant."

Big Pharma are the same unethical giants supplying your vet with drugs and vaccines for your dog. I also know that after having animals in my care both personally and professionally for the last 20 years, that animals treated holistically to remove the shocks and traumas on their timeline, in addition to the removing the vaccine insults and the inherited Genetic Miasms using homeopathic principles that a pet's health will be wholly restored. Mikic states, "For a true physician, sacrifice is not an option. A truly scientific medical system is a system without sacrifice ... You will be able to immunize your dog without even seeing a vet. Now, *that's* empowerment.

Natural immunity is being so whole and strong that anytime an errant microbial or viral agent enters your midst that your immune function is so sound and healthy that it dismisses it with a sharp backslap. Your defenses so marshalled that any marauding disease can't find any real estate to engender itself like a pregnancy. How do you get here with your own health and with your own dog? First of all really, and truly look at your value system, your ethical center. What feels right to you? There are two forces in life running inside you like two subway trains, one perpetuates life and the other death, which one do you prefer to ride? It is important to consciously make a choice and then the activities you choose will wholly speak to this as a natural outcome.

As mentioned above, our bodies have inherent forces for growth and life and also for death and destruction. The subway train for life needs to be fed with nourishing, whole and raw foods while also being unencumbered by life's losses, rage, guilt, antibiotic use, trauma, and the genetic predisposition to diseases like ringworm, cancer and lyme. You can't get a disease unless you create the

conditions ripe for it. This is the death train. Think of the broccoli in your fridge. Over time, it just decomposes if it does not retain the forces intrinsic to life. This is true for you too.

In humans, and animals, we promote life using life giving local raw foods. You're alive and you need foods that are also alive. Food goes dead by sitting on a truck for days or by pesticides, herbicides or through genetic modification (GMOs). Wilhelm Reich knew that once the life energy, he termed orgone, was bled from the organism, death ensued.

To promote life, we need love, touch, to feel understood, and validated. Your dog needs all of this too, in addition to also relieving the physical and psychic traumatisms. It is important to give probiotics in the way of acidophilus and bifidus and also immunize your pet with homeopathic immunizations. We call this latter jurisdiction "homoprophylaxis."

We can immunize you, your child or your pet for anything that you can think of. We've been using Dr. Isaac Golden's protocols with 99% efficacy as a community for over 20 years now. The homeopathic principle Like Cures Like is safe, efficacious and soundly gives your family and pets true immunity without any chemicals, adjuvants (preservatives), animal embryos, or heavy metals like mercury or aluminum or live or dead viruses from other hosts.

Aleks continues to illustrate in her book, "How To Immunize Your Dog Without Vaccines,"

“Dr. Bob Rogers, a veterinarian from Texas, said in a radio interview: "In 1997, I went to a seminar where Dr. Ron Schultz, probably the most prominent immunologist in veterinary medicine said that giving vaccines like rabies, distemper and parvo annually had no effect. I went back to my practice and changed my vaccine recommendations as I can not in good conscious charge a client for something that does nothing, especially when I know that there is a risk involved. I was very surprised over the years to see that nobody else was changing... But the drug companies have disseminated a lot of false information; they come into town, buy dinners at the most expensive restaurant for all the vets and present a seminar on vaccines where they misconstrue the studies, they omit the most current studies, and they conclude that we should go on vaccinating every pet for every disease known to man, every year... I went to the Texas State Veterinary Board; their mission is #1 to protect the public and #2 is to elevate the standard of practice. I merely asked them to encourage vets to get continuing education on vaccinations and to stop allowing continuing education where the speaker is a paid employee of a drug company because that is a big conflict of interest. I think that was a very reasonable request and they refused."

Catherine Diodati, MA wrote a book entitled, “Vaccine Guide For Dogs and Cats; What Every Pet Lover Should Know” and in it she describes how, “Homeopathy provides a variety of remedies and nosodes that are effective in the prevention and treatment of disease, and, in fact, in the treatment of many vaccine-induced adverse events.”

Like Aleks and us, here at Arcanum Wholistic Clinic, Dr. Susan Beal, DVM, a holistic veterinarian in Pennsylvania, also uses prophylactic homeopathic nosodes for pets by “filling a chink in the armor through which the naturally occurring disease would have entered.” We know that the nosodes enable the organism to safely mimic, without causing an ounce of harm, the state that it has already had the

experience of the disease. When the pathogen tries to take up residence in the organism, there is literally a “No Vacancy” sign in their window.

As we know from Dr. Samuel Hahnemann, the father of Heilkunst Medicine and the luminary of homeopathic principles, cited that more than two diseases can not take up host in an organism at the same time. If the nosode is already, “filling the chink” the natural disease just bypasses the organism due to its already established occupancy.

Canine vaccines that we use, the homeopathic nosodes, to cover your dog for include:

- Parvovirus type 2
- Coronavirus Enteritis
- Distemper
- Infectious Canine Hepatitis
- Kennel Cough (B. Bronchiseptica and Parainfluenza)
- Leptospirosis
- Lyme Disease
- Rabies

It was Patty Smith and Rudi Verspoor who first established the use of sequential treatment for pets, and humans, based on French Physician Dr. Elmiger’s research. Rudi was in an airport in France when he spotted the book titled “Real Medicine” and devoured its contents during a flight back to North America. Science demands that we follow the order of time and Heilkunst Physicians are the only sequential therapists in the world who are wholly trained in the art and science of peeling the onion of your pet or human with the acumen of 30 years experience behind them. As Dr. Diodati cites

about Homeopathic treatment, “By the time they reach the deepest layers associated with the symptomatology, the patient often experiences complete recovery, or at the very least, a significant improvement in their quality of life.”

Mosquitos, Bees, Black and Deer Flies - Oh My!

For dogs living in the city, this may not be as big an issue, however, for those dogs either living or visiting a camp or cottage, it can feel devastating to them to be prey to so many bugs. The venom can cause swelling and itchiness so severe, it can drive your dog to utter distraction.

A dog’s coat and skin is not only his pride and joy, but instinctively he knows that his health and warmth is totally intrinsic to his well-being and longevity. Once bitten, he can feel like a crazed beast with OCD-like behaviour as he tears at himself repetitively with his back claws and teeth to try and restore order to his cherished epidermis.

In our clinic, we supply the owners of pets with a homeopathic combination of remedies that prevent bug bites and stings preventively with secondary remedies contained therein to help resolve the pain, itch and suffering if you’ve only discovered the bites afterwards. The combination we use is:

Ledum (Puncture Wound), Rhus Tox. (Itch), Apis (Bee Venom), Calendula (Open Wounds), Culex (Mosquito), Cnephia (Black Fly), Tabanidae (Horse fly) 3CH, 200CH, LM-2 and to these rx, we’ll add the juice of 3 lemons, a cup of water and the following essential oils; lavender, rosemary, mint, clove and cinnamon.

Caution: If your dog has open sores from bug bites, this concoction is going to sting. Just use the homeopathic rx with the Calendula until the wound has scabbed over before using the lemon and essential oils on the affected areas.

Ticks and Lyme Disease

We live in a very deer ridden environment in Maritime Canada, often joking that we could cast a net blindly and at least 3 deer would be instantly captured in our webbed net. Although we're in a suburban neighbourhood, both of our cats have been found with castor bean ticks on their necks multiple times. Our Samoyed never seemed to be similarly affected.

As soon as you've located the tick on your dog's body, spread the hair as flat as you can so that you can see what you're doing and avoid pulling his hair when you remove the tick. Use a pair of serrated pinchers or a fine pair of pliers as eyebrow tweezers generally aren't strong enough. Avoid squeezing the tick's body so that it does not release more saliva into your pet.

Try to come as low, towards the tick's mouth as you can and firmly grasp the tick with the pliers. Do not twist, or turn, just pull firmly in the same trajectory as the body of the tick is positioned. Yes, you will need to pull firmly, so be sure that someone has your dog firmly in their grip. Others find that applying a thick layer of soap, vaseline, coconut oil or dousing the tick in peroxide will also encourage it to 'let go' where it is imbedded under your dog's skin before beginning to dislodge the tick's body.

Now it's time to treat the wound with coconut oil and homeopathics:

Ledum (puncture wound and homeopathic rx for tetanus)
Hypericum (nerve damage)
Arnica (for pain)

and the nosode (as opposed to the simillimum) for Lyme disease which is the exact extraction from the disease matter, diluted beyond Avogadro's law of numbers so that no material, chemical substance exits. For Lyme disease, you want to ensure that the potency is rightly attenuated in order to kick this debilitating disease out of the park. Otherwise your dog could suffer paralysis and indicate neurological issues beginning with withdrawal. In our practice we safely use a 200CH, 1M, 10M.

If, in the unlikely case that your dog develops Lyme symptoms, such as lameness, loss of appetite and depression, contact your holistic vet right away. Antibiotics will only suppress the issue and then your dog unfortunately will have two diseases, the Lyme and now the newly acquired antibiotic (literally against life) as the underlying cause remains a going concern.

If left to it's own devices, Lyme can start to produce further symptoms such as:

- kidney failure with increased urination and thirst
- weight loss
- diarrhea
- vomiting
- fluid buildup in the tissues under the skin and legs
- stiffness, with inflammation of the joints

- arched back
- sensitivity to touch
- difficulty breathing
- fever with lack of appetite
- swollen lymph nodes
- Heart issues (in rare instances)
- Nervous system complications (rare instances)

In some rare cases, you will need to take the potency higher depending on the frequency, or the vigor of the tick, or how long it's been infecting your dog for. It would be best to speak with a holistic practitioner with experience in this regard. If you're not sure who to call, I'm happy to answer any questions in this regard and potentially supply you with the tick nosodes as needed at **www.arcanum.ca** or **amcquinn@arcanum.ca** as I hate to see your dog, or you, suffer unnecessarily.

Thyroid, Diabetes and Cancer

Did you know that both Thyroid and Diabetes are anchored to the Cancer Miasm? Our Materia Medicas have clearly illustrated the connection and while I'd love to illustrate this further, it would take me way off the scope of this book. It is fair to say, as mentioned prior, if your pet is diagnosed with any of these conditions, it should be a red flag that the Genetic Miasm coming down your human family line is active and producing errant symptoms in your dog. In almost 20 years of research, I know that there is no exception to this rule. While you may not yet be exhibiting active symptoms in this regard, I can assure you that they are there.

Perhaps recall how I spoke earlier how animals in captivity are all just canaries in our coal mines, illustrating both our health and our diseases, holding any of our thwarted desires in their physical, etheric and astral body. See Rudolf Steiner's definition of the 3-fold man for more information here: http://bit.ly/3foldman

Narayan Singh, author of "Messages From The Body" describes the symptoms for Thyroid to mean:

- the inability to feel heard or express your innermost feelings
- they feel that they have no right to express themselves through creativity and be successful at it
- they feel rejected and ejected by the family having to do everything for themselves

- they feel denigrated, overlooked, the one man out of the family matrix
- “When is it my turn?” is the main feeling behind their annihilation-anxiety

The best way to treat Thyroid issues in a dog is to first address the underlying cause so that you’re not throwing remedies at him without changing the environment, or the conditions of your “coalmine,” so to speak, to cite the earlier metaphor. He’s not going to be able to hold, or resolve his issues long term if you keep reinfecting him unconsciously with your state of mind.

While we will provide the homeopathic rx “Thyroidinum” in low potency, depending on the severity and length of time the issue has been plaguing your dog, we will also go after the genetic Miasm “Carcinosin” for the Cancer state of mind in both you and your pup. We’ll also strongly encourage you to speak your true feelings opening and unabashed. We have certain exercises to help you do this, again, that would go beyond the scope of this book. In our practice we never treat anyone’s pet in isolation of the owner as there would be no point, given that the underlying cause of his suffering has a great deal to do with you.

and Diabetes to mean:

- the inability to extract sweetness from your life, living on the “boulevard of broken dreams”
- they’re starving in the midst of plenty out of a despairing desperation and depression
- they feel alone in a hostile world without any support and unrequited love
- they suffer perpetual feelings of victimization, and martyrdom

- they've become isolated and cut-off from true human engagement and attempt to find solace in sugars and carbohydrates

The same is true for Diabetes as it is for Thyroid conditions; while homeopathics like Saccharum Officinale (sugar), Insulinum and Pancreatinum can be a great help, in addition to also getting your dog on a raw diet, the underlying issue won't be addressed until you fully actualize your essential self. This means that you will also need to cure the underlying cause, eat properly, drink enough water, live in the right geography, love the right people, let your family and false authorities that puppet you go, and land your right work … starting today!

and Cancer to mean:

- the unlived life
- rescuing others to the exclusion of self
- they're immersed in feelings of self-rejection, powerlessness and rage
- they're suffering from loss, hopelessness, morbid fears, abandonment-depression and deprivation-resentment.
- often their symptoms began shortly after the loss of a loved-one for whom they relied on very heavily

As an example of a Cancer homeopathic intervention, a couple of years ago, I was called to a patient's home in an emergency where the allopathic vet had pronounced her partner's dog as having only a few short hours, or days, left to live. The miniature poodle had gums so white that I immediately knew the cause as profound anemia. This is yet another sign of the Cancer Miasm. This woman, not a

patient of mine, had lost both her parents to cancer within the last couple of years.

I asked her if she might also be attempting a subconscious exit strategy. As her eyes filled with tears, I knew I'd nailed the root cause right on the head, her dog was dying, because she wanted to. Her next words brought the whole phenomenon home, "I only want to be with them. I want to be with my Mom and Dad so that I don't have to keep going on struggling anymore." It was a very sad, telling and indeed a profound moment when I let her know that her wee pup was not willing to be here, either, if she had no desire to also commit to staying.

A few days later, my patient let me know that her partner had indeed made the choice to be here, alive and fully connected to her life's purpose. Her pup threw up a huge mass very much like a foot long fur-ball, the colour came back in her gums and she's been whole and healthy ever since. She's told me on several occasions that that discussion, and the remedies for both her and her pooch, saved both their lives. The little dog has had no medical issues to speak of since.

While I'd love to give you a series of helpful rx in this regard for Thyroid, Cancer and Diabetes, you can surely see that these issues are more complicated and dynamic than just throwing some remedies at the pathic expression. Resolving more chronic complaints takes much training and a broader understanding of the whole phenomenon at play before it will cure outright. Again, best to find a holistic vet who applies the same philosophy and knowledge. Aleks Mikic, or myself, would be happy to counsel you in this regard.

Joint, Ligament, Tendons

Certainly start with Massage, Bowen, Chiropractic or even Acupuncture for your dog as these modalities work well to address joint, ligament or tendon pain. I've also used a sea salt poultice externally on the inflamed joint and Omega Oils internally successfully for animals suffering musculoskeletal issues.

Now if you were a patient coming to see me for joint, ligament or tendon pain, chances are, I'd give you any number of the remedies listed below however, I'd also treat your shocks and traumas sequentially, also going after your Genetic Miasms enabling us to obtain a better rate of cure. This is why many people will say that homeopathics worked a little bit, or for a short time, but after awhile all the symptoms came back.

For you and your dog, you should try the rx below, but seek the advice of a Heilkunst Physician trained in Veterinarian the aspect like Aleks Mikic if you're not getting the results that you feel you should from these pathic remedies.

Arnica (Leopard's Bane): is for bumps, bruises, sprains, strains or injuries to soft tissue anywhere in the body. You can use it immediately or even days, weeks or years after a contusion has occurred. You can also use it before and after your pet has a dental procedure, given birth or any kind of surgery. If your dog has been injured, feels exhausted, bruised, anxious, over sensitive or irritable wanting no one to touch her, then *Arnica* is a good choice.

Rhust Tox (Poison Oak): is for stiffness in the body like a rusty gate, once your dog gets moving he seems to limber up and ease out of his stiffness. The pain in your dog's body may be worse in the morning with initial movement, as mentioned, and then as the day warms up and his body warms up, you might hardly notice his stiff

gait. Your dog will appreciate a warm bath, hard pressure and a hot water bottle in this state. Also cold, wet weather or sitting still will aggravate. Look for redness on the tip of his tongue, a craving for milk and restlessness in his crate or bed at night. You dog may also seem anxious for other family members, crying at the door for one of the children or the individual who had to leave the house for work. Your dog may be timid, compulsive with his toys, hurried in his movements and beyond impatient for his walk or food.

Bryonia (White Bryony): Unlike Rhus tox, *Bryonia* feels worse from movement. If your dog is bumped, jostled or jarred they may whine or cry out in pain. All of their symptoms will be worse from cold with increased stiffness and lameness. You can help them feel better with heat and reasonable pressure on the sore spot. Your dog will be very thirsty and may have been suffering with stiffness since an injury like a sprain or fracture in the past. Your dog may show signs of anxiety while you may be preoccupied with the future, business matters and money.

Hypericum (St. John's Wort): This is the chief remedy for nerve damage in highly nerve rich areas like the spine, tips of toes, mouth and coccyx. This is the remedy to give before and after any dental procedures. Look for sharp, shooting pains that radiate out especially where there has been a nerve injury or compression of the spine in a car accident for example. Your dog may be irritable, depressed, skittish by the aftershocks of a former injury, or their spirits compressed by their life circumstances. You'll see it in their eyes as a kind of resignation.

Causticum (Potassium Hydrate): is a good remedy for the contraction or shortening of the flexor tendons where your dog's leg feels unable to be hyper extended without pain. This state usually arises from a repetitive motion injury like running in quick spurts and starts for the ball, swimming or along the beach where they're

digging into the sand to gain purchase. Look for tearing pain, tendons that draw up under the dog's body, trembling, twitching, cramps or tightness in neck, limbs or shoulders. Your pup's symptoms may be worse on the right side, during dry, cold weather, in the evening or with abrupt movement. They will feel better with gentle motion and warmth. Your dog may be carrying unresolved grief from past oppressions or have suffered domineering authority figures. Look also for pacing or any kind of compulsive (OCD) behaviors.

Ledum (Ledum Palustre, Wild Rosemary or Marsh Tea): This state of rheumatism feels better by cold applications. So if you take your dog to a cold lake or the ocean to bathe in the water and they're less stiff, this is the right remedy for her. You can also use Ledum for any puncture wounds or insect stings where there is swelling or inflammation. Your dog may be chilly and shivering, but feel worse in the heat of the bed or lying by the fire, choosing to be in icy water, snow or by the draft at the door. She may put her feet into any cold puddle she can find when out for a walk. Look for a puffy or bloated face with a cross or surly disposition when confronted with other dogs or humans.

Ruta Grav (Common Rue): Is the remedy for acute bursitis, tendonitis, connective tissue damage or injury to ligaments from twisting or strains. This state is made worse by exertion, cold, damp weather where you'll see the bruised, sore pains become exacerbates. Your dog's back pain may appear as sciatica or radiating pains down his limbs or as if his body parts feel broken. Look also for eye strain or nodular growths in certain parts like around the wrists or knees. Your dog may appear anxious, irritable, quarrelsome, remorseful or suspicious of people they formerly felt comfortable with. Look for hyper-vigilance or fear of letting down their guard for fear of being injured again.

Heart Disease

Parvo Virus or heartworm is one of the leading causes for a puppy's demise. Originally a disease affecting cats, the disease became a serious concern for puppy owners sometime in the 1970's when it became more virulent. It is transmitted by other dogs fecal matter. Aleks Mikic describes the symptoms as,

"Being a totally new disease to the species of dog, parvo was devastating and some puppies died within hours of getting sick. How does parvo virus kill? In two ways: it can attack the heart muscle (in those cases puppies died very quickly) or it can develop the intestinal form with the typical parvo diarrhea (very foul-smelling and orange-yellow in colour) when the intestinal walls are stripped of their protective coating and toxins become readily absorbed into the blood stream."

If you suspect your dog has parvo or heartworm, you may have just hours to act. It is critical that you get him to the vet right away and then you can worry about "clearing" any medications used afterwards using the homeopathic nosodes.

Also, heart disease is anchored to a genetic miasm called Medhorrinum which is also the root cause for arthritic complaints, hip issues (especially right sided), ear aches, iritis (eye complaints), urinary issues, and sinusitis which will be worse with Spring-time pollens. If you have a predisposition to this particular disease matrix, then so will your beloved dog. If you use the homeopathic nosodes to treat sequentially and then also address the root, Medorrhinum, along with the 7 other chronic diseases, you'll obtain cure for both you and your dog.

Follow your gut and find a good holistic vet to help you with this issue on behalf of your dog. While they may recommend any one of the following supplements, it always feels better when you hear the same advice more than once when dealing with a more serious issue with your beloved pet. Be sure that your dog is not consuming kibble or dog food containing any grains as carbohydrates convert to sugars and are the worse enemy known to man or dog causing the heart to swell or even more deleterious angina attacks.

Hawthorn Berry Extract: This herb that has been successfully used for a few centuries in cases of heart disease. It is known to improve blood flow, improve heart muscle tone and help with respiratory challenges. It contains quencetin, procyandins and antioxidants which are key elements in the treatment of circulatory challenges. Your vet will typically recommend one dropper full in the morning and again in the evening in your pet's food.

Cold Pressed Flaxseed or Cod Liver Oil: Omega-3 fatty acids are very beneficial to heart health in both humans and animals and can be instrumental in helping to regulate the heartbeat. You can safely give about 3,000 to 4,000 mgs per day. My dog loved her Cod Liver Oil and never turned her nose up at it when I poured it onto her raw giblets, heart or liver. Be sure to keep both oils refrigerated as they'll go rancid very quickly at room temperature.

Coenzyme Q-10: Is typically used for congestive heart failure or weak blood vessels and is naturally occurring in the pancreas, kidney, liver and heart. Supplement around 60 mg per day in a dog around 40 lbs.

Taurine and L-Carnitine: are amino acids that help deliver healthy fats to the heart for its protection. They help repair cell walls, regulate the heart's beat, protect the heart from unwanted inflammation and calcium overload. The latter causing the heart to prematurely rigidify. Your vet will usually recommend giving 1000 mg of L-Carnitine per 10 lbs of doggy weight and 500 mg of Tuarine also for every 10 pounds that your pooch carries. You can divide the doses in half giving one in the morning and then one in the evening.

Homeopathic Remedies For Heart Health

Aconite is for shock or the first signs of heart attack. Look for weakness on the left side and a dazed look on your dog's face.

Cactus Grandiflorus is for angina pectoris where the arteries and heart are weak due to a history of atherosclerosis. His gums and lips may turn blue with the lack of oxygen. Get the remedy in water and sprinkle on your dog several times per minute while getting him to the emergency veterinary clinic.

Spigelia is the remedy for shooting pains in the chest and violent cardiac palpitations. Your dog will be restless and will not be able to lie down on his left side.

Craetaegus Oxyacantha is a known heart tonic treating coronary insufficiency. Look for a rapid, visible pulse with pain on the left side of your dog's chest which radiates down her left fore-leg.

Aurum Metallicum has the sensation as if the heartbeat might cease. While this is very difficult to ascertain in your dog, the vet

may have detected a myocardial weakness which is worse at night. Also see note below.

Latrodectus treats heart pain that becomes worse with the breath.

Laurocerasus is to be given when you detect heart failure.

Digitalis is the homeopathic rx derived from foxglove and is used to treat cardiac muscle failure when the pulse is slow, in your dog, and there is a palpitation and a feeling as if your pup is suffocating. He will not be comfortable on his left side.

Baryta Carbonica is the remedy to choose more in aged dogs who suffer confusion, forgetfulness, and sclerotic heart issues due to advancing years.

Viscum Album is the remedy we use when the heart muscle has thickened due to genetic issues listed above in the introduction to heart issues. You may hear the Physician use the term "hypertrophy" to describe your dog's condition in this case.

Glonoinum is the remedy derived from nitro glycerine and the heart related symptoms can be brought on after too much exposure to the sun. Your dog may be squinting or suffering atherosclerosis.

Platinum feels cut off from others and so this is a good remedy for a dog who's been lost, locked up or abused that is also showing spasmodic contractions of the heart muscle. While not an easy state

to diagnose yourself, you can assume that dog's hearts also break when they're not loved.

Carbo Vegetabilis is a good remedy for heart failure when the lips or gums are turning blue (called cyanosis).

Naja is the remedy for angina. Look for chest pains that radiate from the nape of the neck to the upper left shoulder and leg. Your dog may be acting bizarrely like he's just been bit by an Indian Cobra which is what the remedy is derived from.

Veratrum Album helps with cardiac palpitations which might be detected by feeling your dogs pulse, however, look for feelings of haughtiness and self-righteousness in the owner.

Strophantus is for when you suspect your dog is having a heart attack. Look for a rapid pulse rate, at other times slow, especially an irregular heartbeat. In this case, there will be a degeneration of the cardiac muscle typically due to the inherited genetic miasm Medhorrinum.

Kalmia treats an abnormally slow heartbeat (bradycardia) where there is also rheumatism or gout (urine crystals in the extremities). Look for stiffness in your dog's joints accompanied by sluggish-ness and atypical fatigue.

Note: With regards to treating heart issues, and what I love about homeopathic medicine, is that if you suspect your dog suffering heart issues due to breathlessness or gums that are pale or blue, trust your instincts and go ahead and use the homeopathic remedies as

you can not cause your pet harm in any way. Remember, the clues will always be in the owner's health. You can safely give the dog, preventively, what the owner is suffering.

Bladder and Kidney Issues

When a human is "pissed off" it will show up as Bladder issues in their dogs. Kidney issues, based on 5,000 years of Chinese Medicine is more an indication of fear.

While kidney stones are rare in dogs, painful bladder stones are more common. Breeds suffering this condition more often can be:

- Bulldog
- Shih Tzu
- Dachshund
- Dalmatian
- Miniature Schnauzer

Bladder stones can be any size. The small ones can pass through the urethra without incidence, however, the larger ones can obstruct the lower, more narrow urethra. Your pup will be whining with pain due to the accumulated stone and also sluggish due to a systemic infection in the urogenital system.

For this issue, I would again recommend a raw diet to prevent infections due to inappropriate carbohydrates which are not part of your carnivores natural diet anyway, producing septicemia from undigested muck, or islets of toxicity in the tissues or gut. Bladder stones can also be an accumulation of undischarged anger and rage as mentioned prior. It is best to see a Heilkunst Physician who's

able to help you get to the root of this phenomenon for you and your dog, so that your pup doesn't have to martyr herself on your behalf.

Homeopathic Remedies for Urinary Issues

Aconite is the remedy called for when your dog seems anxious and restless both before and during urination. He may have scant, hot, steaming urine and whine while peeing as there will be burning or spasms in the bladder. Your dog may also have a fever, feeling warm to the touch, exhibiting chilliness by quivering, shuddering or shaking with cold when warm and dry. This state will generally be worse after having been in a cold wind or having been wet and chilled.

Apis Mellifica is the quintessential remedy for swelling in the ureters with frequency of urination. Your dog will be going very frequently with only a little bit of urine being passed. There will be a stinging or burning pain when he pees, especially at the tail end of the flow. Their abdomen may also be sensitive and sore when touched. Heat will exacerbate your pup's symptoms and he will seek cool bathing, open air and cold applications in this state. An *Apis* state may also present as a lack of thirst.

Belladonna is for redness, swelling and a quick onset with an intense cramping or writhing in the bladder. Your dog will be urging to pee frequently and may not make it outside in time. Look also for small amounts of blood in the urine as well in this state.

Berberis Vulgaris is for cystitis with cutting twinges in the urethra at the neck of the bladder right where the opening in. Your dog may be scooting or licking at her genitals with the burning pain even when no attempt at urination is being made. They will have the sensation that they still have to pee even though they may have just gone a few

minutes before with urging discomfort made worse by walking or any movement.

Cantharis is the homeopathic remedy for burning or scalding-like pain then feel like the urethra is being cut with razor blades just before the flow begins as well as during and after. You dog will have a strong urge to pee that feels like he's not been able to completely empty, as the urge to go again will feel constant.

Borax is curative for cystitis with smarting pains at the mouth of the urethra with aching extending up into the bladder. The feeling will be that urine is being retained and your dog may cry out or even shriek, afraid to pee knowing what kind of pain is coming. Look for a sensitivity to noise and an inclination to vomit in a moving car as they suffer motion sickness in this state.

Chimaphila Umbellata is for when your pooch is straining to pee, leaning forward to try and make it pass easier. They may be suffering a scalding sensation when the urine flows, so look for whining with pain and a feeling that they're having to strain afterwards to get out every last drop.

Clematis is for frequent urination where only a few drops have passed. Your dog will have the feeling of constriction in his urinary tract with an interruption in flow with dribbling afterwards. If he could talk, he'd describe a tingling sensation in his urethra long after the urinary flow has finished.

Equisetum is the state where the cystitis is accompanied by a dull, distressing pain with a fullness in the bladder after your dog has just voided. The pain he feels will be worse after he's just gone, actually improving as his bladder begins to fill.

Lycopodium is useful when your dog wakes you in the middle of the night to urinate, passing quantious amounts of urine. They may be whining with painful urging but then has to strain in order to push out the flow. The pain will be felt in the back before urine passes if your dog happens to react when you pet him before he goes outside. There may be a brick-dust colour to his urine and the discomfort will be in the kidney region, generally with fever. This is a more

advanced state of kidney infection and your dog should be taken to the vet immediately if you do not see immediate improvement.

Nux Vomica shows up as an irritable bladder with a constant need to pass urine with only a little dribble expressed. Your dog may be whining with the burning and cramping in the bladder with displays of irritability, impatience and chilliness. Your dog will be seeking warmth like being near a fire, under the blankets or right next to you.

Sarsaparilla is often used in cystitis when you're having trouble getting a clear picture of your dog's symptoms. The issue generally flares in the summer, but can be at any time. Your dog will be leaking urine even when just standing up, however, he'll only also be able to dribble when raising his leg or squatting. Look for flakes or sediment as this remedy is a good precursor to bladder stones. The pain with urination will be worse at the tail end of the flow.

Sepia is good remedy for when your dog has a look of emergency on her face when she has to go. She may be crying or pawing at the door, having only gone a short while ago. There will be uncharacteristic leakage if she can't get outside fast enough with a bearing down feeling in her bladder region felt just above the pubic bone. While is is hard to discern in your dog, look for feelings of being worn out and irritable or a lax or sagging in the pelvic area.

Staphysagria is the quintessential remedy for anger and is made worse in bitches who've just been bred as our Materia Medica cites, that symptoms are worse after sexual intercourse. The symptoms presenting more in young dogs. Look for pressure or burning symptoms in the bladder as if she's not fully emptied. Your dog will feel it as if a drop of urine is still rolling around in the urethra with a constant burning sensation. A *Staph.* state can also be a result after the use of a catheter after your dog has had surgery.

Kennel Cough

Practical Tips

Coughing is the practical way that the body tries to rid itself of a pathogen or irritant in the lungs. Dust, pollen, bacteria or viral pneumonia will irritate the lungs, activating the innate drive to rid the body of invaders and clear the bronchial passages. Coughs can actually launch about 3,000 tiny droplets of saliva and sputum a couple of feet, or metres, away from the human body at an astonishing velocity; about 60 miles, or about 100 kms, per hour. An average cough will fill a two litre bottle of pop almost 3/4's full with air.

Coughs in dogs can be really annoying, keeping you up at night. It is frustrating to see our pets suffering and feel powerless to help them. Most coughs can more easily be dealt with naturally using the remedies I'm about to illustrate throughout this section. If your dog is also uncharacteristically exhausted, or they stop urinating at regular intervals, or their lips are slightly blue, then it is time to take them to the veterinary hospital.

As a pet owner, you may already intuit that most over the counter medications for coughs are virtually useless. Some vets give a shot of antibiotics up the nose in the case of kennel cough, which doesn't solve the underlying cause. Even physicians at Harvard University cite, "According to American College of Chest Physicians guidelines, many of the active ingredients in over-the-counter cough remedies are ineffective."* In the case of kennel cough, there is much you can do, naturally, to help resolve your pup's suffering and support their healing, enabling you all to get a good night's restorative sleep.

**Source: http://www.health.harvard.edu/press_releases/cough-medicines*

Garlic: is more known in Europe as a solution for coughs, upper respiratory infections, bronchitis, and whooping cough. Just mix one

to two teaspoons of crushed garlic into your pet's raw food. You may have to mix it in really well, or perhaps encourage small pieces of a clove down your more finicky pup's throat.

Homeopathic Remedies for Coughs

Aconitum: is for the dog who suffers a dry, croupy cough that is worse just after midnight. It will generally start after exposure to a cold, wet wind or draft. Look for shortness of breath with a craving for water and a very dry mouth where he may be licking the roof of his mouth to try to moisten it. The cough will become worse after drinking cold water, lying on the left or right side while sleeping, or from being exposed to tobacco smoke. *Aconitum* will always have a quick onset where one minute the dog seems just fine and the next, they're in the early stages of pleurisy, croup, kennel cough, or pneumonia. These dogs will appear anxious, restless, or even appear desperate with terror in their eyes.

Antimonium Tart: is a homeopathic remedy used for deep, long-term chest afflictions. I always think of this remedy if the dog just can't shake the loud rattling cough, with stubborn mucus in the lungs that just won't seem to loosen. The pup will appear weak, chilly, drowsy, and feeble with a state of mind of anxiousness, irritability, and restlessness. Your Ant. Tart. pooch will prefer cool rooms and open windows making their symptoms worse in warm or stuffy spaces. Note that the dog will be acting worse at night, generally wandering at 4:00 a.m. with their bronchial symptoms having worsened. They may be full of playfulness by day, but become more anxious and peevish at night.

Bryonia: is for when a common cold starts as a pain over the eyes with lots of sinus congestion and then suddenly drops down in chest.

The cough will be dry and made worse during inhalation or by moving. Your dog will most often whine with pain when they go to move or breathe in. They will feel better the moment they step out into cooler air as warm stuffy rooms make them feel worse. There will also be an aggravating sensation in the throat that seems to set off the cough, which if worsened can become vomiting. Bryonia is one of our biggest remedies for grief, so look for sadness, irritability, aversion to being with people, and a restlessness and inquietude about your dog.

Drosera: is one of the first remedies to think of for repeated spells of dry, barking (pun intended), whooping-like cough. It is so spasmodic that they will choke to the point of vomiting which is made much worse the moment that they go to lie down, or after midnight, and especially around two o'clock in the morning. Look for cold sweats with profuse perspiration and chilliness, also developing a hoarse voice. Look for a feeling of great mistrust, dejection, or having suffered recent attacks or bullying in a rescue dog. They may appear stubbornly dogged (I can't seem to stop myself) in their completion of their desire to go outside, sleep on the couch, or lay on you. Your dog may also have strange, unknown fears that comes on with this cough.

Ferrum Phosphoricum: is for symptoms that just don't congeal into anything really substantial. Look for a wandering, periodic cough in the more anemic pup that is made worse from being exposed to cold air, especially in the morning. Their gums will be lighter pink and they're skin tone more pasty white than a healthy dog with healthy iron levels. The cough may come with a stitching pain upon breathing in, poor appetite, and an aversion to his food. They may be hoarse with initial playfulness and then a more laid out exhaustive state ensues.

Hepar Sulphuricum: is a great remedy for croup when the cough sounds like a barking seal. The onset will often be after exposure to cold and the symptoms will be excited by dryness, sounding like your dog has dust in the larynx. Deep inhalation, drinking cold drinks, or drafts will make their state worse. Look for a rattling chest with much mucus, but the inability to cough it up. Your pooch will be very irritable, sweating during the cough, and actually feel better in damp weather.

Ipecacuanha: coughs have a tendency towards retching and vomiting. Look for blood-stained mucus, an aggravation in the throat, and constriction of the chest. They will suffer coughing with every breath along with excess salivation made worse by hot, humid weather. Your dog may also be sneezing or suffer a hoarse voice when barking. Your pet may not be able to tolerate the least little noise, may be whining and howling, and may be feeling utter contempt, going off on his own, about everything with little provocation.

Kali Bichromicum: is for a stringy, ropy mucus that is very difficult to expel from the throat. Your dog will feel worse from eating, drinking, cold weather, and being uncovered. They often feel most miserable at 3:00 a.m. They feel better after they get some of the yellowish mucus up and from lying down in a warm bed. Watch for pain when sticking out their tongue, along with a hoarse bark. Your pup may also exhibit pain with coughing, just under the ribs and extending to the back. Look for discomfort around people, low spirits, listlessness, a loss of playfulness, weak memory, and fears rising from the chest congestion.

Phosphorus: is for dry, hard coughs stemming from a persistent tickle behind the sternum. Your dog will wake you at night with the need to sit up to cough, as they feel worse lying down, especially on their left side. In humans, there will be the classic holding of the

chest in order to decrease the pain with coughing which also exhausts them, telling you that their energy is “all gone”. Admittedly, this is harder to detect in dogs. *Phosphorus* coughs are made worse by talking, warm rooms, moving to a cold room, or from strong smells or odors. Look for blood streaked mucus from the nose, along with hoarseness and pneumonia-like symptoms where you can hear wheezy sacs of mucus caught in the lungs and more shallow breathing. Look for great, dramatic fears, timidity, displays of anger and growling in this state.

Pulsatilla: does not appreciate warm rooms, especially at night, as it will aggravate their symptoms. A window cracked open or even stepping outside with them into cool air will help them to feel better. Look for lots of productive green and yellow mucus when your dog wakes in a *Pulsatilla* state. They will be VERY clingy, moody, indecisive, feeling much worse if left alone, even for a moment, and they will beg you not to leave with big puppy dog eyes and even tears. They can not get enough sympathy for their ills and will ask you to hold them, constantly, wanting you to stroke their face and fur constantly.

Rumex: sufferers will experience a highly spasmodic cough made worse by cold air. These dogs may try to wear your scarf or face mask in winter, also feeling aggravated by anything pressing in, or touching, their throat. The dry cough is made worse at night, or by any motion, causing their body to be wracked by coughing. Look for a serious expression on their face, irritability, and low spirits to the point where they lie around seemingly despairing their survival.

Spongia: is the remedy for a dry, croupy, barking kennel cough. There will be no sputum and it will appear worse in the early part of the night. Coughing will be worsened by warm rooms, cold air, someone smoking, lying with the head low, or drinking something cold. Your dog will feel better sitting, leaning forward, or with small

doses of warm food or drink. Look for timidity, or alternatively combative behavior, and a tendency to feel frightened. If they could talk, they might mention that they feel like they could suffocate. They'll also be anxious, cross, and fretful. Your puppy will be difficult to console in this state.

Flower Essences for Coughs

As mentioned prior, while there are no flower essences specifically for physical ailments, we can do much as parents to shift our dog's mental and emotional suffering when they feel physically ill. If you can recall back into your own history to the times that you first felt sick, or suffered a bronchial infection, it was scary not being able to breath easily. This is why I've sourced out and compiled some resonant Flower Essences to help your pup to let go to restorative sleep, enabling them to heal, and for you all to get some necessary sleep too.

Rescue Remedy (RR): as mentioned prior in the section under "Fever", is a blend of the following five remedies created by Dr. Bach for crises and emergencies. It will help your dog to relax, feel calm, rest, and cope with their cough symptoms. Rescue Remedy will help your puppy to level out those more spiky feelings that can sometimes come up on the tide of being ill so that they can heal more quickly, enabling both of you to assume a better state of ease and grace. Here is a list and brief description of the Flower Essences contained in Rescue Remedy:

***Impatiens*:** as already described above, this remedy is for those dogs who become demanding and impatient to have their needs met. This flower essence will help the pup be more patient with you and their own plight.

Star of Bethlehem: for having suffered shock or trauma, either recently or long in the past. It may be hard to imagine or remember being sick and feeling scared given that your internal landscape has completely changed, especially if baby is delirious. This remedy helps your dog to integrate both their physical and emotional pain and suffering into a more manageable resolve, letting you both get on with your present life.

Cherry Plum: for fear of losing all doggy reason and control and entering into a spiral of self-inflicted, insidious, self-destructive tendencies. *Cherry Plum* enables the sufferer to invoke their essential puppy wisdom, courageously trusting their own path, allowing for the illness symptoms to pass easily and by simply letting go without getting hung up on the drama of being ill.

Rock Rose: feelings of panic or terror can be quieted with this Flower Essence.

Clematis: Your dog will appear ungrounded and indifferent to what is going on in their everyday life. Clematis can help bring more ease and restfulness, even during your pet's suffering; perpetuating a bridge between the needs of what is required in the way of greater assimilation while suffering fever or coughing, enabling a quicker resolution. For humans, *Clematis* takes the fount of ideas and our physicality, aligning them both into a state of accomplishment and grace.

In addition, a combination of *Walnut, Crab Apple, White Chestnut,* and *Yellow Sapphire* can be great mental cleansers for when illness like coughs or fevers strike. Here's a brief explanation of each in this particular context:

Walnut: helps to contain the dog, protecting them from outside influences. When my own children were little, I joked that I put a little white bubble of protection around them when they were feeling fragile or they were going to be in a situation with negative influences. When a child, adult, or dog is suffering with an ailment like a cough, their resources are needed in order to focus on healing. Walnut is a good remedy to keep their lifeforce less scattered by other influences or even by a toxic situation. I've given Walnut for dogs spending time in a kennel to prevent over-stimulation.

Crab Apple: is a good emotional, and thus physical, cleansing remedy. Whether your dog's cough is bacterial or viral in nature, this remedy is ideal for helping the body detoxify from any errant pathogens that they may be hosting.

White Chestnut: is a great remedy for repeating patterns, like a cough. As the dog owner, you'll no doubt hear your pup coughing in the night like a broken record caught in the same grove. *White Chestnut* can help quiet the noise of the spasmodic nature of the lifeforce caught in this pattern of spams, also helping your doggy to calm into a deep sleep.

Gemstones

Yellow Sapphire: is used in Ayurvedic Medicine for healing coughs and colds. It is thought to unblock the solar plexus, releasing diaphragmatic spasming associated with coughing and even epilepsy. Yellow Sapphire is also calming and helps bring about a deep, restorative sleep. You can keep the gemstone safely out of reach in your dog's space or perhaps find a necklace similar to an amber necklace for your dog

The Principles of Resonant Dog Training

While studying at the Novalis Institute with Steven Decker as my mentor, I was asked to view a season's worth of shows of the *Dog Whisperer*, with Cesar Millan. At the time, I was being asked to write a piece about how Millan's work relates to our work as Heilkunst Medical Orgonomists. I thoroughly enjoyed this project as it was pleasurable to cuddle up with my kids on the couch, sit back and be thoroughly entertained by one of the most enthusiastic, calm and assertive men I'd ever met ... on a T.V. show that is. What I loved most about him was his capacity to figure out where the true issue in the dog stemmed from in mere minutes just by going into folk's homes and watching how they interacted with their dogs. The entertainment came mostly from watching him point out how the dog's issues stemmed mostly from the behavior of the owner.

Coincidentally, I also was the owner of a badly behaved rescued Canine Samoyed, named Terra, who had cornered me twice, bristled electrically baring her teeth, and even once cutting open my hand about an inch across the top after I'd tried to innocently take something away from her that was harmful to her health. I will never forget the shock and terror I felt as she pinned me to the ground with her front paws, spitting and barking violently in my face while my hand bled openly. It was 10 minutes later in a state of shock that I even realized I was leaving a trail of blood across the floor.

I was the perfect candidate to apply Millan's approach, and for a few weeks, I jammed my fingers into my dog's neck at the point that she distractedly went to jump a fellow passerby on the dog walking trails I frequented daily, or when she tried to hump one of the visiting

children if they happened to get down lower than her (a symptom when a dog doesn't know what to do with her prey energy), and when I tried to teach her to walk like Cesar so easily illustrated in his videos, Terra would adhere to the expectations until her electric drive went from 0-60 when a squirrel happened on the scene ... which, unfortunately, for me was often given that we live in the woods, prime squirrel territory. I was disappointed with my hobbled results, although my dog was becoming more submissive, I realized, that she was slightly foaming at the mouth and losing the hair on the sides of her belly. Talking to my Heilkunst vet, we figured out that Terra had engendered a Lyssinum state. The other thing was that I had to keep applying the regimenal approach over and over again, as she was not remotely self-regulating like the other dogs I'd seen on T.V. Aside from that, I felt like a total jerk when I pulled my Millan-like maneuvers on my dog, especially out in public. One fellow dog walker stopped having morning chats with me as a result. My pleasure and enjoyment while walking my dog was all but gone and Terra's baleful look told me that she was feeling the same.

I was stuck and at an end and I decided to ask a couple of my friends if they knew any local "natural dog trainers" in Ottawa and I was quickly introduced by three people to Ann Hazlett from "Dogs & Company" (http://www.dogsncompany.com/) here in Ottawa. Thinking she must be like Cesar, only taller with curly red hair, I poured out my story about my aggressive dog's behavior and she asked me the strangest question; I'll never forget it. She asked, "Did you praise Terra when she was growling and bristling at you?" I stopped dead in my storytelling tracks looked into her very blue eyes and said, "What?" She was non-plussed and I looked at her dumbfounded and asked further," Wouldn't that just encourage her?" Surprisingly, just Ann asking the question, somehow calmed me down. At the time, though, I didn't know why.

When I took Ann outside to meet my terror on a red leash, Terra looked like she was staring at the Etheric Christ in a pair of jeans!

My dog did not even try to jump on her. Ann carried a little pouch of dog kibble on her hip and immediately, Terra began to direct all of her focus on Ann and that magic kibble she held in her hand (... and, yes, I'd tried similar techniques). The leash was quickly dropped and I watched a synergy and flow take place that I did not remotely think possible with my dog. Without hesitation, or any voice commands, Terra heeled, sat, lay down, and followed Ann like a shadow in our fenced side yard like they were performing at a dog-show. My husband, son, daughter and I were gobsmacked. We had to pull our jaws up from the ground as we were thoroughly blown away. I had to know how she did that ... and I had to know why! I had made such a mess with my own interpretation of natural dog training that could never give Millan his credit. Ann never jammed her fingers into Terra's neck, but in moments she had created the quiet, assertive relationship I craved with my dog.

Over the next year, I saw Ann on and off as my "people trainer", and yes, on occasion I even brought my dog. I saw her privately and engaged in a few group lessons as well, getting consistent, realizable, and brilliant results as we went, with few minor set-backs. The best part is I knew why and I knew how to repeat those results and where I'd made a mistake if things didn't work out. Over time, I wanted to learn how to integrate my understanding of what was transpiring with my dog into my knowledge of Heilkunst Medicine. With this approach we were affecting the sustentive or generative power? Was it regimenal on the law of opposites or similars? What was the difference between her approach and Millan's? I asked Ann to try and explain it to me in terms I could wholly understand, but my framework was causing both our heads to ache. Since we'd become quite good friends over this dog training relationship, (Ann even started her studies in Heilkunst Medicine at The Hahnemann College for Heilkunst). As a result of my line of questioning, she thought it a good idea that I accompany her to Vermont to meet her mentor Kevin Behan who wrote the book *Natural Dog Training*. Ann suspected that we might be speaking the same language and Kevin was the man to help us sort it out. It turns out she was right. He

gave us the basis in his language and then we ran with it from there back to our Heilkunst roots.

In the hills of southern Vermont in a tudor colonial farm house built in the early 1800's, I got more than I bargained for. As a result, I describe Kevin Behan as the Steven Decker of dog training in that he is connected to the fundamental principles through the most dynamic way. Whether through biology, physics, or behavior psychology, he has researched the world of dogs and quantum mechanics thoroughly. If you go to Kevin's website at http://naturaldogtraining.com/kevin-behan/ you'll learn that, "Kevin grew up on his parent's farm in rural Connecticut immersed in a landscape of natural beauty and surrounded by dogs. Kevin's father, John Behan, founded Canine College, trained dogs in the Canine Corps in WWII and was the first in America to train protection dogs for hospitals, police units, and even retail stores such as Macy's. Kevin worked in his father's kennel where he encountered every possible type of dog exhibiting every type of behavior. Consequently, Kevin grew up without judgment about dog behavior, even aggression, as everything dogs did was taken as a matter of course."

What Kevin learned later on through his own research is that command and control does not work with dogs. Ultimately, the dominant/submissive relationship can not be sustained long-term by the dog. The reason is that nature, humans or animals, can not be governed long term out of dominance based hierarchy. They can not operate on the basis of rank and wholly be truly autonomous and healthy. We know this in humans as the Cancer state of mind can result if we try to sustain this state of false authority long term over our astral bodies. Dogs actually work on a hierarchy of feelings, without any insubordination. "It is an inviolate rule of nature", informed my new friend Kevin. Dogs will operate with humans ideally, not out of submissiveness, but out of desire, pleasure and love.

In my mind, this fit with our paradigm in Heilkunst based on Steiner's gnosis that animals are astral beings, as they all share a single group soul or nether ontic. They will use our upper ontic organization in a pleasurable tension completing the flow they seek in their upper and lower beings which can not be wholly resolved within the pack. Their lower ontic is a shared brain between all dogs. That is how they all know to wag their tails and pee on the fire hydrant. "Wagging the tail," says Kevin, "actually indicates conflict." Through the human being a dog is able to resolve conflict in a way that he can't with a pack that has no upper ontic organization. We provide the direction, and circuitous element through our consciousness, to help our dogs complete the loop by discharging the conflict through the pleasurable lobbing the prey and leader ball between the two beings through to the righteous conclusion. They can not get that from another dog and that is why they are man's, and woman's, best friend!

Kevin states that, "the big brain and little brain" (upper and nether) conflict is resolved through our upper ontic discernment and then achievement of the objectified goal. A dog's goal is to discharge the electric drive out of their basic instincts for food and sex out of their astral/etheric/physical bodies. That is why the walk is so important as your dog perceives that you and he are going on a squirrel hunt and if you bring along a pouch of raw liver, your dog and you can form the most amazing symbiotic relationship and he won't even care about squirrels, other folks or sniffing every little pee along the way. He will be focussed on you, as you complete him. Does the second half of this statement remind you of Reich? It should.

If you define the goal with your dog, either a ball, a stick, or even a squirrel and you've established trust, teamwork and rapport with your dog, you can allow the flip of natural drive to dance in polarity between you and your own animal. For example, if you watch two

wolves in nature, you will quickly notice that there is no hierarchy, both of them will take turns leading during the hunt. This synergy is harmonious and based totally on equality. The same can occur between two human beings operating out of genital primacy. Truly generative beings will naturally and easily toss the role of leader/follower like a ball to each back and forth throughout this dynamic teamwork and it is wholly pleasurable to do so ... neither is vying for command or control, and definitely not submission. This can also be championed between Practitioner and patient!

The thing that blew me away when I read Kevin's book, was that the prey actually controls the predator and the the prey does not moralize that it is in a negative place! Think about intimacy and sex, is it negative to be in the role of the one receiving from the one more dominant at any given moment? In health our role is to be labile and flexible enough to recognize the time when the polarity shifts and the prey energy becomes one of leadership. This will happen organically in a pack on the hunt and sometimes the prey ends up as dinner. Nature does not moralize that being prey is bad, only our intellects do that.

If we as humans wish to engage in this polarity with our animals, we need to be comfortable with the prey role at times. That is the justification for Ann suggesting that I praise Terra for cornering me when she was being the leader in her own right in that negative construct I created out of fear. It is the same as a police dog being handed over the reins as the Officer lets go to the dog's prey instinct while it tracks the bad guy. Notice, the dog is out front in this context, not heeled behind the owner like Ceasar's model. The dog will willingly hand this leadership role back to the Officer to put the handcuffs on the accused. If you can use this physical synchronization you can convert and leverage the energy in flow towards the goal, giving full credit to the objective power (orgone) already in play. Once the goal is obtained, the relaxation illustrated in Reich's four beat cycle is wholly achieved. In this model, there is

no trapped submissive energy. As Kevin says, "this creates the bonding power that enables wolves to participate each other to create pleasure in the anal/genital area through sniffing and licking."

When you pin a dog down, this is likened to a swat team approach and will turn the dog's prey instinct into full scale aggression. If you allow the dog to struggle encouraging him en route he will feel he is in control of his body. This goes along way in allowing him to discharge energy and relieve him of the charged, conflicted state. For example it is best to allow the dog to struggle to get onto the shiny table at the vets and allow them to "control" their own situation, he will actually then allow another force or human to take over his body after he's had his turn at the leadership role. Behan suggests that he then is more apt to toss the ball to the leader once he's settled in and this is a desirable outcome. This is how a Vet avoids getting bitten by a dog he just met. In fact you minimize the potential for injury to the vet and others if you allow for the healthy struggle. Often, after allowing freedom of movement, you can examine, prod and push without risk. However, in the other submissive model, panic will induce fear and take a conflicted dog into electric danger and this is a negative polarity between man and beast. What you are seeking is supple, calm, open-mouthed relaxation. This acts to create magnetism of opposites and that state is not only desirable, but safe for both dog and man. It's a win win.

I also will encourage some of the same behaviors with patients when working with the principles of Orgonomic Heilkunst. When a patient is emoting anger at the mother from childhood, you will likely see them clench their jaw in a hope of holding back and pushing this rage response back down. This is mostly unconscious until I point it out. What they would have loved to have done as a child is bite their mother, hard, just like a wolf pup. If you ask the patient to bite a face-cloth, or gag, and then open their mouths, their genitals often open to flow too, and motility occurs. Sometimes I have to encourage this blocked flow by putting my hand on their diaphragm.

The anger comes out organically without the intellect putting up the beastly fight to keep it suppressed. The patient, unlocks and leverages the rage which then organically converts to pleasurable sexual streamings of an orgonotic variety from their genitals! It can be just that easy, if you can convince the intellect to step out of the way and allow the nether big brain the reins.

Since natural dog training is regimen based on the law of opposites, you may need to resort to the jurisdiction of medicine to help unblock the disease in the way. Domestic animals in our captivity are often mirroring our own unrealized pleasure and desire function and it is important to realize that we may very well need medicine to resolve these diseases as a result of these unresolved conflicts when they've engendered a disease. It is interesting to note that Lions, Giraffes or Hippos generally don't suffer diseases or conditions such as asthma, cataracts, or Cancer. Could you imagine Kevin Behan or Cesar Millan having to go out on Safari in the Outbacks of Africa to correct a lion's behavior? It isn't an issue. Domesticated animals in captivity suffer our suppressed desires to wholly be, not do, (the intellect is hooked to doing) and they will become blocked in their capacity to move that trusted orgonotic streaming and their e-motions (energy in motion) through their little bodies. If we're blocked, stuck in our intellects with our hoses kinked out of a schizophrenic split, our dogs will suffer similarly.

Like most Heilkünstlers, I've had many patients with pathology mirrored in their domestic animals. That is why it is important to remember that you are the human with an ontic (healthy ego) and they are born out of our consciousness, as per Steiner, and that we are entrusted with loving dominion over our beasts of burden. If this healthy relationship is not fostered with our dogs we end up with our diseases being mirrored by them. One female patient, I served, had a cyst on her ovary and her dog had a cyst on this genitals. One woman complained of pain in her right knee as it was stiff and sore, rather than having surgery for it, she offered the surgery to her dog,

because that is what she felt she could afford. It was the right patella in the dog and the right knee of the patient. I'm sure you are not surprised to learn that the patient suffered Medhorrinum and Nat. Mur. disease. As far as I could tell, this was a suppression in her true desire function and this is why we need natural dog training to understand the principles of the healthy leader/prey instincts. We want to allow for the healthy, synergistic relationship between man and beast so that we both win out of realizing ourselves through our own desire function.

The other thing to note is that food is not considered a reward for a dog. Animal consciousness is limited to the "piggybacking of simple systems," as Kevin would say. Hunger and neurological signals confluence to form a dog's perception of what is working for him and not working for him out of pleasure. If the two systems can stream together, you have a working polarity between his upper half (mouth, food, pleasure) and his hiney (genitals, sex, pleasure). If all the energy is all stuck in his head, just like his master's, when he's under stress, thunder clouds ensue and the electrical charge starts to build. To open up the circuit, you can start to rub the dog's neck and gently start to rub his back so he can start to feel his body again (just as I illustrated with my patient above). This allows the charge a greater surface tension to travel, opens up the channels in his body and allows him to disperse the energy himself. At this juncture, he may need to go out to pee or bark at the neighbor's cat! Stress triggers physical memories in dogs, just as it does in humans, and once you have the natural orgonotic principles under your belt, you can facilitate it's natural resolution by being the healthy leader for the time you're able to assume this role.

The last point I want to make is that when a dog struggles for his own doggy autonomy, he'll wholly be alright with being prey. Freud called this transference. This is important whether you're human or you're a dog. No human, or dog, wants to be suppressed and forced down by false authority into submission. You don't want to take a

human out of the right to choose for itself. An animal, too, is most harmonious if provided with the capacity to run, lick, smell, hunt and struggle towards the objectified outcome. If you follow Kevin's quantum model, you will be able to apply the same principles with your dog, a wolf or even a 2,000 pound bull. Let us know how that goes will you?

Of recent, for example, I was part of an organization that I perceived was limiting me, and its members with criticisms and put-downs. This had been going on for some time and so I went to the trouble to dredge up incidences to illustrate what I felt was the wrongful demand for submission of me and its membership. I felt that I did not want to be bullied through tyranny and that the organization had suffered as a result. The outcome I sought, and felt that I deserved, was an opportunity to also be a leader in the pack. Frankly, I was tired of feeling this one person's fingers in my neck, limiting me, trying to keep me submissive. When I appealed to the organization another member just told me there was no structure in place to handle the personal feelings of the membership. It was interesting how people limit their innate desires when the healthy ontic is in conflict. However, along came my mentor, who wholly aligned with me orgonotically. He didn't completely agree with me, mind you, but he became the healthy leader and I gladly and completely let go out of trust to him. I allowed myself to deliciously succumb to being the prey and out of love and a desire to partner we were able to objectify the goal which, incidentally, is to improve access to the tools needed to address blocked energy in the segments in the body. With his words, I felt entirely affirmed and realized and was able to diffuse the energy, and yes, I even went for a pee afterwards!

When I think of Millan's model of command and control I think it has a place. It is kind of like how our friend Michael Schmidt, distributor of raw milk shares with his clients, states, "Please, do not drink unpasteurized milk if it comes from the grocery store shelves." He proposes only drinking fresh raw milk if you have a conscious

relationship with the farmer and trust and well-being is already established. Ultimately, in dangerous situations, we may need to resort to what is the best case scenario with the limited tools we have at hand. If a dog is a biter, or an aggressor, for the safety of yourself and others, Ceasar's methods maybe what is most useful at the time depending on the consciousness of the individual. However, it will need to be reinforced regularly which is key when imposing regimen out of the more authoritarian, Cancer based state of mind. Remember that submission needs to be constantly reinforced, just like in the army needs Generals and Sergeants, as it is not the natural state of being that respects the lemniscate polarity of leader and prey.

Now us Heilkünstlers are always looking for clues of truth in Rudolf Steiner and Wilhelm Reich, so I did a search on both in their medical lectures to find any sources related to dogs to see if I could find any parallels between our natural dog trainer's work and ours. I'm not going to dissect or even trivector it for you. I'll enable you to do it. For some of you, it might even feel a bit like climbing onto a slippery table for yourself if you're doing this for the first time. It will be interesting to see what you find.

Steiner:

Now, in connection with other questions you have recently posed, we shall see that a particularly fascinating and interesting human sense is that of smell. This sense appears to be of minor importance in man but, as you know, it is of great significance in the dog. You could say that all the intelligence of the dog is, in fact, transferred to the sense of smell. You need only consider how much the animal can accomplish by smell. A dog recognizes people by smell long after it has been with them. Anyone who observes dogs knows that they recognize and identify somebody with whom they have been acquainted, not by the sense of sight, but by that of smell. If you

have heard recently how dogs can become excellent detectives and search for lawbreakers or for people in general, you will say to yourselves that here the sense of smell accomplishes rare things that naturally appear simple but are in actuality not so simple at all. You need only consider these matters to realize that they are not so simple.

"Well," you may say casually, "the dog merely follows the scent. " Yes, gentlemen, that is true, the dog does indeed follow the scent. But think about it. Police dogs are used to follow, say, first the track of thief X and then the track of thief Y, one right after the other. The two scents are completely different from each other; if they were alike the dog could naturally never be able to follow them. Imagine now that you had to point out the difference between these tracks that the dogs distinguish by smell; you would discover no significant difference. The dog, however, does detect differences. The point is not that the dog follows the tracks back and forth in general but that it is capable of distinguishing between the various traces of scent. That, indeed, indicates intelligence. There is yet another extremely important consideration. Civilized men use their sense of smell for foods and other external things, but it doesn't inform them of much else. In contrast, primitive tribes in Africa can smell out their enemies at far range, just as a dog can detect a scent. They are warned of their foes by smell. Thus, the intelligence that is found in such great measure in the dog is also found to a certain degree among primitive people. The member of a primitive tribe in Africa can tell long before he has seen his adversary that he is approaching; he distinguishes him from other people with his nose.

Reich: It was impossible to overlook the reduction of hate impulses in patients who had acquired the ability to obtain natural sexual pleasure. Every conversion of a compulsion neurosis into an hysteria was accompanied by a reduction of hate. Sadistic perversions or sadistic fantasies in the sexual act decreased to the extent to which gratification

increased. These insights enabled us to understand the increase in marital conflicts when sexual attraction and gratification decrease; it also enabled us to understand the disappearance of marital brutality when another satisfying partner is found. I inquired into the behavior of wild animals and learned that they are harmless when they are well-fed and sexually gratified. Bulls are wild and dangerous only when they are led to, not when they are led away from, the cow. Chained dogs are very dangerous because their motor activity and sexual satisfaction are impeded. I came to understand the brutal character traits exhibited under conditions of chronic sexual dissatisfaction. I could observe this phenomenon in spiteful spinsters and ascetic moralists. By contrast, persons capable of genital satisfaction were conspicuously gentle and good. A person capable of sexual satisfaction is never sadistic.

He will also know that these brainy mechanists, while 4-lettering right and left, hate true love of the body like poison and therefore will obstruct with fire and sword any attempt at a reconstruction of the human character structure. They will subsume all human problems under one single aspect only: The dog stomach excretes saliva when he hears a bell ring which once rang together with the sight of meat. This is all. Isn't it perfect materialism? It is. In perfect agreement with this view of human problems, their brain excretes intelligence when they smell the scent of power. This is all that has been left over of a great teaching of human emancipation.

There are many species without any brain at all, who function fully as far as living functions, including judgment, are concerned; and we know from experiment that brainless dogs continue to function, even if severely impaired by the operation.

Mechanistic civilization is a deviation from the law of nature; even more, it is a perversion of nature, an extremely dangerous variant, just as a rabid dog represents a morbid variant within the species.

It cannot be the function of the orgasm reflex, as one might assume from the purely teleological standpoint, to carry the male semen into the female genital organ. The orgasm reflex occurs independently of the ejaculation of semen, because we also find it in the embryo—in the typical forward position and convulsion of the tail end; in the rocking,
bio-energetic forward motion of the tail end of many insects, such as wasps, bees, and bumblebees, as well as in the usual position of the pelvis and the hind legs among dogs, cats, and hoofed animals. These examples should suffice to demonstrate that the orgasm reflex has a far more general life function than mere fertilization. The mechanistic and finalistic interpretations do not work in this area; they are too narrow and do not reach the heart of the matter.

Bio: Ann Hazlett

During Ann’s search for help with Venus, a 1yr old family pet with some serious behavioral problems, she gained enough knowledge to open her own dog training school. Still seeking the unanswered questions about dogs even by the so-called experts, Ann continued her quest, which led her to Kevin Behan of Natural Dog Training and she hasn’t turned back. This natural and holistic approach takes the dogs true nature into account with an energetic model of behavior like no other. Seeing the parallels with Heilkunst Ann has begun her studies with the Hahnemann College.

Comment from Aleks Mikics

If there is one thing I would add to your article it would be extracting that one golden nugget out of Cesar. I always felt that trying to look at him as a method creator was not helpful, that his value is in the

state of mind of the owner, that everything built around it is the Ahrimanic attempt to distort what is in its origin good. I suppose there would be no show if he just stood there and emanated his energy.

Comment from Kevin Behan:

Hi Ally, I'm studying your article and I'm very impressed. I'm also gratified that you're investing the time and effort to correlate my work with yours, this is an exciting linkage. I've read and can't find any big issues, but I'd like to give it one more read for distance to get a better feel for your terminology and then sign off. Once again, thanks, Kevin (Author's Page here: http://bit.ly/KevinBehanAmazon)

Heilkunst on TV : The Dog Whisperer

A fascinating presentation of Heilkunst occurs on the TV show *The Dog Whisperer* (With Cesar Milan). To the untrained eye, he appears to just

be doing "magic tricks" by getting the misbehaved dogs to follow his commands, but if you understand Heilkunst principles, you will see that he is actually delivering a form of therapy to the dog's owners — the dogs behaviour is just an externalization of all of their diseases and neuroses.

As he says in every show, “I rehabilitate dogs, I train people.” This is so appropriate, once you understand that domesticated animals take on a function of absorbing all of the unresolved diseases and patterns of neuroses of the owner. This is the reason that in veterinary Heilkunst, the treatment needs to be focussed on the owner just as much, if not more than the animal in question. The number of stories of humans and their animals who come down with the same diseases and symptoms at the same time is astounding.

One of the most common running themes in the episodes of this show is that the human needs to learn to take their proper role as leader of the “herd” (What Milan calls a “calm and assertive energy”), so that the dog can let go of their anxiety, and just be a dog. Many of the characters who come onto the show with their dogs have an incredibly difficult time in taking up a natural stance of leader, as their neurotic patterns keep them from being able to step comfortably into this position. The damage that they do to their dogs becomes quite obvious on screen, when they do all kinds of things which are attempts to make the dog a human, instead of allowing it to fulfill its natural role as a dog.

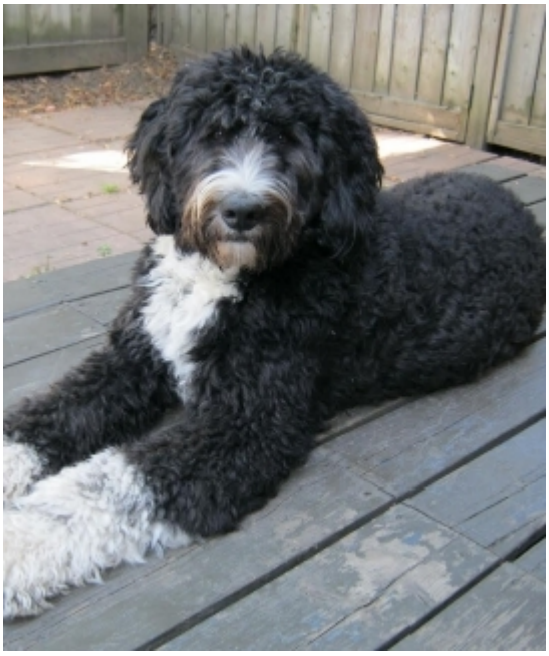
Looking at the dynamic physiology of the human compared to the dog, while three bodies are shared (physical, etheric, astral), the fourth body of the human (the ontic) is unique, and is what sets us apart from the animal kingdom. The function of the ontic in the human is what allows them in their natural stance to take command

over the dog, and to be a proper master. The issues of neurosis are specifically lodged in this fourth

body, which is why the addition of a pet to a household will only amplify where there are blockages or weaknesses in the humans, as the dog fulfills its role of displaying them for all to see.

The idea of bringing in a dog trainer to “fix” the dog, is therefore usually unsuccessful, unless they have the concept that Cesar Milan does that it is the human which needs to be “fixed”, and then the dog will naturally gravitate back into its natural functioning.

Doggy Testimonials

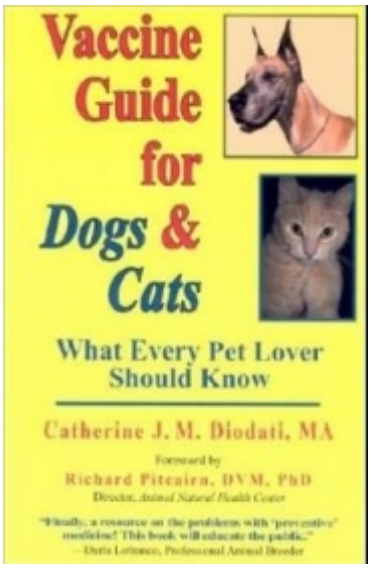


After just using his owner's Emotional Support Dropper: "Our Bernadoodle, being half herding dog, seemed to always be on hyper-alert. He is barking much less, and his constant ear scratching is significantly reduced. It is almost like the background noise has calmed down. He is much more relaxed, and I believe, happier for it." ~ KD

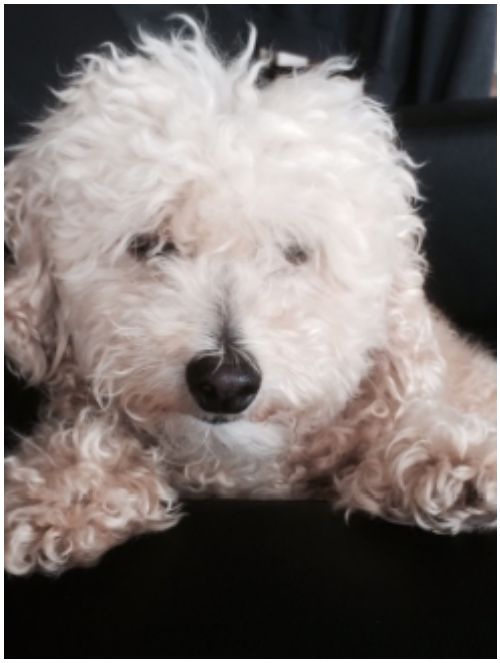
"A very important aspect of this book is the discussion on how our own mental and physical state affects our pet's health. We have all witnessed a pet's ability to empathize. My rather large English Bull Terrier was famous for cuddling up (preferably on your lap) when a family member was upset. But what we need to understand is that

their response to our well being goes beyond transitory sympathy. The actual depth to which they take on our issues is truly astonishing, potentially leading to their failing health, and must be addressed if we are to give our pets the best opportunity for health and vitality.

This is why the Heilkunst approach is so effective: all aspects of the whole being and their environment are considered in their treatment. Having worked in health care for many years, I know I cannot effectively provide lasting relief to someone by isolating one aspect of their life (e.g. pain) from another (e.g. emotions). The disconnect leaves too much room for the presenting problem to recur. The Heilkunst approach understands and addresses this vital synergistic connection so that the patient, whether human or furry, can flourish."


Vaccine Guide for Dogs & Cats
What Every Pet Lover Should Know
Catherine J. M. Diodati, MA
Foreword by
Richard Pitcairn, DVM, PhD

Catherine J. M. Diodati, B.A., M.A., R.M.P.
Author: *Immunization: History, Ethics, Law and Health*
Vaccine Guide for Dogs and Cats: What Every Pet Lover Should Kno



Eight months ago on new years eve we took our miniature poodle to the vet as she had gradually been losing weight and got so weak she could barely walk.

To our shock after several tests the diagnosis was grim, no white blood cells were being produced so they suggested to keep her and put her down.

We refused to give up on Sugar who was just 6 yrs old so were handed a fist full of prescriptions. We tried them but they seemed to just speed her up for a bit then she would sink lower yet again.

We decided to take her off the drugs and try a homeopathic approach with Ally at Arcanum and let nature take its course.

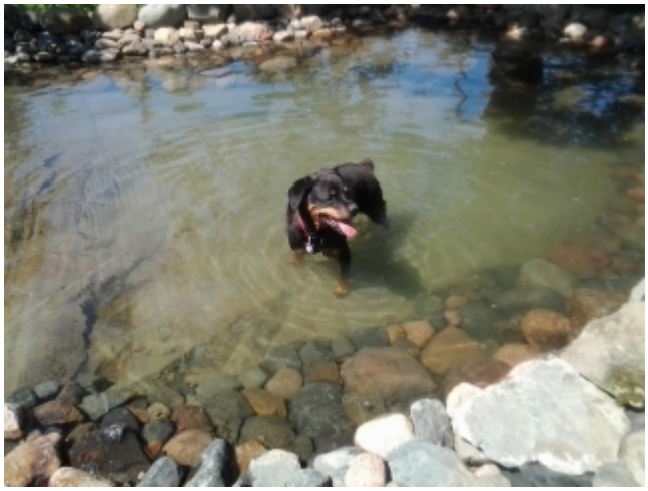
At one point we were certain she was gone but then the next day she coughed up a huge hairball the size of a hotdog.

Over the next days and weeks she regained her weight as we nursed her back to health with iron rich foods and TLC.

As you can see in this recent photo she is now good as new. I am so grateful to have Arcanum Homeopathy as a natural alternative that supports the health of my family including the furry ones!

Sincerely,

Denise



“In 2012 my eight year old Rottweiler, Rosie, got Lyme disease; I had had a vet remove the infecting tick and they had sent it away for testing. I didn't want to just put my dog on drugs to manage the symptoms which they said would involve Rosie's kidneys.

Also that year Rosie had to have porcupine quills removed at the vet and the anesthetic which should have worn off in a few hours kept her stupefied, laying on the kitchen floor for twelve hours. Rosie in her inability to move let loose a full bladder and just lay in it since I couldn't move her and her ninety pounds.

I didn't know what else to do for her until I met Allyson last winter 2014 and happened to mention that my dog had become incontinent.

Before Allyson started treating Rosie, I had noticed that my dog had started peeing more often and throughout the winter I could see pink drops in her urine. Later she would try to pee outside and squat a dozen times trying to relieve her bladder. She was also wetting her dog bed every night.

My dog also had lost her zeal for walks and I had to coax her along on a leash even for a walk of less than a kilometre.

Allyson told me that Rosie's peeing would probably get worse before it got better. One day on a six km walk this summer, Rosie's energy

level having returned for exercise, she let out a pee that was mostly blood. Even though it was alarming to see what looked like an ounce or two of blood and pee coming from her, Rosie seemed happy and healthy; she didn't look in pain or wince as if it had bothered her. She just kept on with the walk as if nothing had happened. After that I didn't have to clean up another piddle in the house or wash her bedding every night anymore.

It's been over a month now and friends who haven't seen Rosie since the winter have commented that she looks and acts like a new dog Not bad for a ten year old.

Thanks, Allyson, for your skill and care with animals."

Kim and Rosie

Afterward

When I came to this system of medicine over 20 years ago, it was difficult for me to apprehend its principles and lists of symptoms in the pages of a Materia Medica. I needed it all distilled down for me in bite sized chunks, an organizing lens for my womanly heart and feminine imagination. I knew that I loved this art and science, but where was the romance? I needed to encapsulate the feeling. To say the least, as I was striving to cure my son's autistic spectrum issues, it was a mystifying landscape to me, full of technical terms and enough Latin to make me wonder if I'd landed in a realm that was really a secret society for more enlightened men.

My first goal was to try to apprehend why and how my son was cured through the principles of Dr. Samuel Hahnemann's Heilkunst. Thankfully, I found Rudi Verspoor and Steven Decker, taking them on as my guides for the romantic era and the deeper etheric meaning of this art and science entitled Heilkunst Medicine. It is vast

and after 20 years of study, I'm just beginning to get an inkling of the underpinnings of this kingdom of knowledge that actually cures disease with a set of mostly unused keys to unlock the whole of human evolution.

As a result I wrote my first book, "The Path To Cure; The Whole Art of Healing", in my first attempt to be part of this old boy's club with a woman's flavoring. Women learn through story and it was my goal to colour the drier Materia Medicas of symptoms with a dash of story, feeling peppered with an experiential tour to help situate the reader in time and space. I always said to come to a new concept, I needed to know the author on an intimate level first, like where he lived, who were his parents, why he was thinking the way he was, and discerning why he was thinking the thoughts he was thinking as a function of our human evolution. I'm a whole picture kind of girl.

This was obtained for me through my own studies and it is my hope to have threaded it back through this encapsulated piece for you, dear reader, in a small way, and that is why I dedicate this piece to the mothers with babes and toddlers who've chosen to leave the mystical and materialistic view where forest fires blaze out of control or their smouldering remains ineffectual. Here, together, we will thread together true spiritual reason with romantic science.

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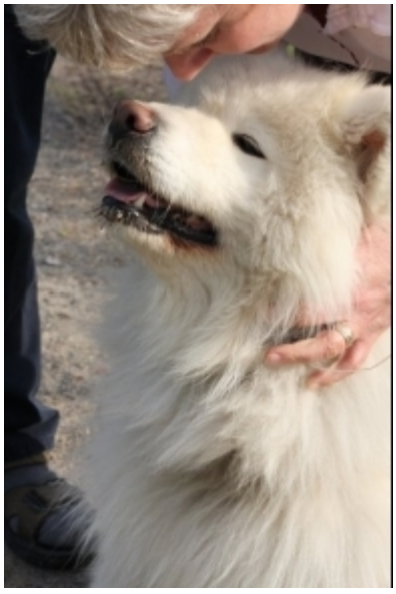
About the Author



Allyson McQuinn, DHHP, JAOH, is a Doctor of Medical Heilkunst and the co-owner of Arcanum Wholistic Clinic. Allyson McQuinn has

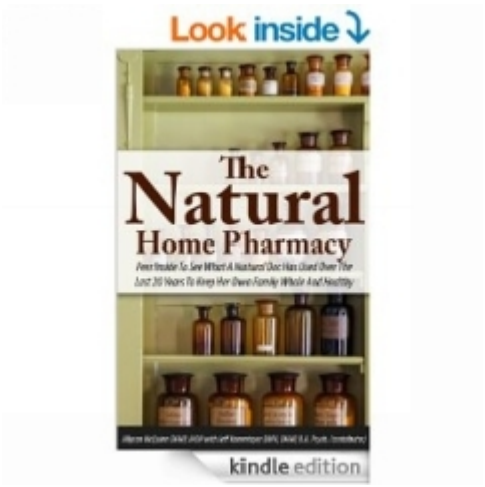
been studying Homeopathic and Heilkunst Medicine for almost 20 years. Her foray into medicine began with her son who had been chronically ill since his MMR vaccine. He stopped passing stools regularly, stopped making eye contact, and his development became more and more delayed. As a result of being told to "just put him on drugs for the rest of his childhood, because some boys just seem to suffer from this", Allyson went on a journey to solve the root cause of her son's autistic spectrum issues. She found the answers through Dr. Samuel Hahnemann's foundational teachings from the *Organon der Heilkunst*, the medical art and science of wholing, taught at The Hahnemann College for Heilkunst. As a result, she wrote, "*The Path to Cure; The Whole Art of Healing"*, which chronicled her son's cure from autism.

As a result of further study at the postgraduate level with Steven Decker (Hahnemann's *Organon of the Medical Art*) at The Novalis Organon, Allyson was inspired to study, in depth, Rudolf Steiner's medical lectures, secondary texts, and just about everything Wilhelm Reich ever wrote. That is where she found her true desire function. After consuming his books, "*Character Analysis"* and "*Function Of The Orgasm"*, Allyson began to adopt Medical Orgone therapies, fashioning them into consistent psycho-therapeutics for her patients. This research fed into the subjects of her second and third books, "*Unfolding The Essential Self; From Rage to Orgastic Potency", "Sophie's Truth; How A Young Girl Unfolded Her Essential Self Through Love", "The Raw Milk Cleanse: My 35 Day Discovery On Nothing But Goat's Milk", "Romancing The Pleroma; A Book Of Poetic Impressions For The Feminine Heart", "The Physician's Home Pharmacy; Peer Inside To See What A Natural Doc Has Used Over The Last 20 Years To Keep Her Own Family Whole And Healthy", "The Natural Home Pharmacy For Women;* Practical Tips, Homeopathic Remedies and Flower Essences For Every Stage of Life From Menses to Menopause", and "*The Natural Home Pharmacy For Children; How to Use Practical Tips, Homeopathic Remedies, Flower Essences, and Essential Oils for Everything from Fever to Tummy Aches."* You can view them here on Amazon.com.

In 2011, Allyson added the Bowen Technique to her array of clinical modalities to effectively de-armour patients and help her in-person clients.

Allyson lives in the Kennebecasis River Valley near Saint John, New Brunswick, with her husband and two children, where she treats patients worldwide by computer and phone. Feel free to contact her through her website at **www.arcanum.ca**.

Here's A Little Excerpt From Natural Home Pharmacy; Peer Inside To See What A Natural Doc Has Used Over The Last 20 Years To Keep Her Own Family Whole And Healthy



Solé Brine (pronounced So-lay)

Did you know that most folks are deplete in minerals? If you think of your bones, like the superstructure of a building with all the tissues, organs and skin draped over it, you want to make sure that this scaffolding is supporting you for about 100 years or so. For almost 100 years now, those of us who live in cities, have not been drinking water naturally mineralized by brooks, rivers, or from wells. The other reason is that our foods are also bereft of proper minerals required by our bodies, given that our soils are stripped. Ross

Bishop states, “A 1999 study from the University of Wisconsin found that three decades of the overuse of nitrogen in farming has destroyed the soil’s fertility, causing it to age the equivalent of 5,000 years in 30 … For the amount of manganese you used to get in 10 green beans you would have to eat 300. You have to eat 11 bowls of spinach to receive the same amount of copper that you used to get in one bowl. To receive the same amount of iron in one tomato prior to 1945, you would have to eat 1,938 tomatoes today. Carrots used to have 10,000 IU of beta-carotene, now they have less that 70. Wheat used to be 40% protein, whereas now it is less that 10%. It goes on.”

Even our bread is no longer stone ground, where minerals used to be baked right into whole grain goodness. What is a modern person supposed to do? Well, we can supplement 84 minerals from a whole super food from a place on earth that still does not have any recorded pollution of any kind. Bio-available minerals from a Solé Brine solution, derived from Himalayan salt, is an ideal source, even showing the most amazing results in dark field microscopy.

Get your copy here: http://bit.ly/NaturalHomePharmacy

Please Share The Love

Dear Reader,

I would like to thank you for reading my book in the Natural Home Pharmacy Series. By purchasing it, you've actually done two things; provided yourself with the most practicable, dynamic and latest information available in natural health today AND you've also enabled me to fulfill what I'm ordained to be.

Through your generosity, I get to spend even more time, researching and writing the next Natural Home Pharmacy book in order to help keep one more man, woman, child or even pet from suffering both acute or chronic illness based on the natural laws of nature without causing an ounce of harm. Hippocrates would be proud. My hope is that your heart is gladdened by this as is mine!

Since these books are being written and published periodically, I'm going to share with you, below, the link to my author's page so that you can track, perhaps share, or even secure another copy of my books in this series to help not only your child, but your Mom going through menopause, your daughter starting her menstrual cycle, your friend with pregnancy, delivery, or breastfeeding issues or even your dog or cat. Heck, I might even write a "Natural Home Pharmacy For Men!"

Also, If you're inclined, please leave a rating and comment on Amazon. This helps get the word out about natural medicine and it's efficacy. Also, please feel free to share the link to this book with your friend, sister, aunt, cousin or even a complete stranger who may be interested in solving the root cause of their child's illness or fevers without causing an ounce of harm.

My hope is that you will continue to glean dynamic resolutions to your sufferings, using what you have at home, in your Natural Home Pharmacy. As mentioned, here's how to find that next book in the NHP series: **http://bit.ly/AmazonAlly**. Also, feel free to reach me at any time, at: **amcquinn@arcanum.ca**. I'd love to hear from you and stay in touch.

Allyson McQuinn, DHHP, JAOH